

OPTIMISATION PÉRIOPÉRATOIRE: L'APPROCHE LIQUIDIENNE CIBLÉE






Sylvain Bélisle, M.D., FRCPC

Déclaration des liens financiers

Présentateur rémunéré

- AstraZeneca
- Bristol-Myers Squibb
- Ortho Biotech
- Janssen-Ortho
- Fresenius Kabi
- Lilly
- Organon
- Héma-Québec

Fonds de recherche

- Novo Nordisk
- Ortho Biotech
- Abbott
- Alliance
- Hemosol
- Bayer
- Fresenius Kabi

Postes

- Comité Consultatif Scientifique et Médical Héma-Québec
- Comité Consultatif National en Médecine Transfusionnelle
- Canadian Consensus Conference on Plasma Volume Expansion (CRIC)
- GIHP
- GITAP



Un peu d'histoire



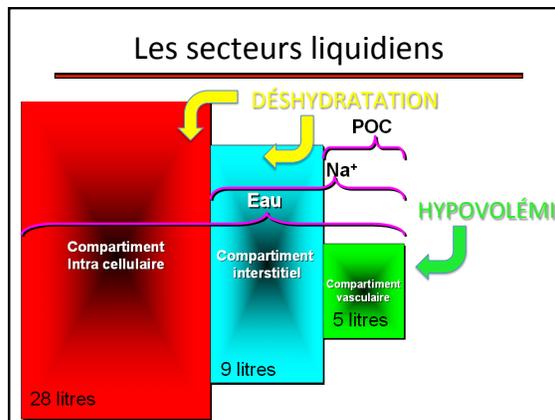
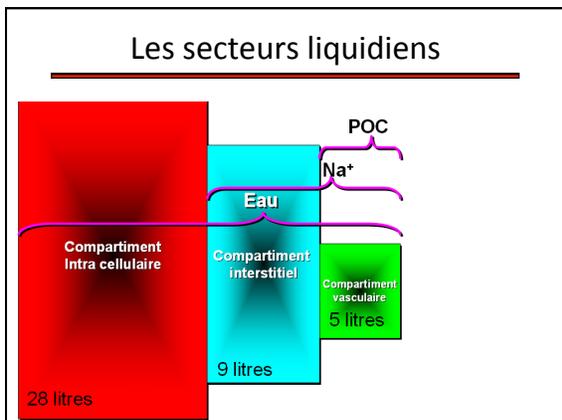
- Thomas Latta et Robert Lewins (1832): première réplétion liquidienne intraveineuse pour le choléra
- L'ère «rétrograde»: 1907-1924
- L'ère «sucrée»: 1924-1952
- L'ère «salée»: >1952
- L'ère des routines et des formules:
 - permissive fixe >1960
 - restrictive fixe >2000
- L'ère précoce dirigée: >2000

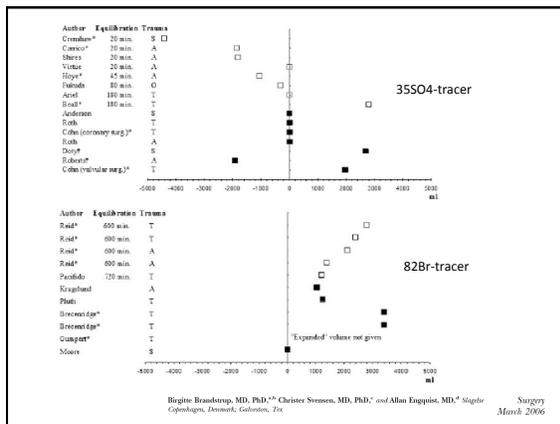
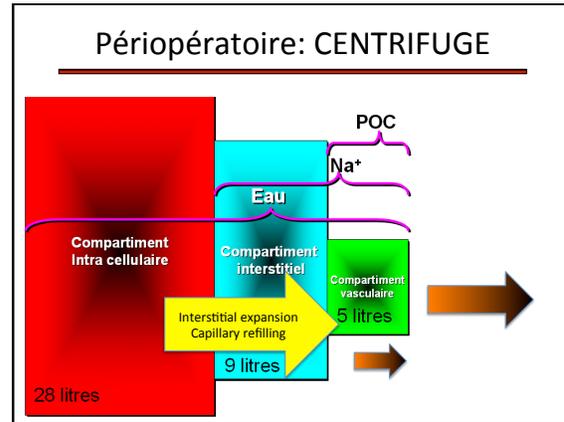
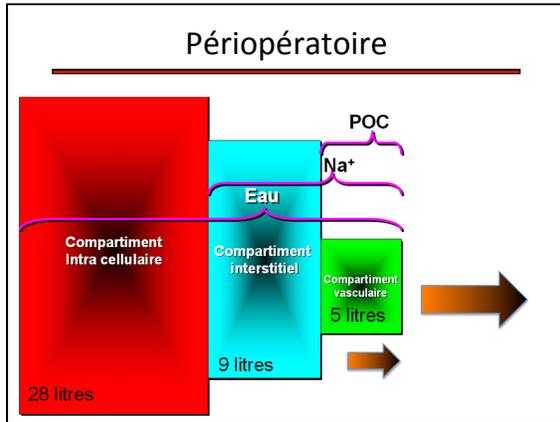
Un geste quotidien et indispensable

POURQUOI REVOIR NOTRE APPROCHE?

- La réplétion liquidienne périopératoire influence le devenir des patients
- Un approche «classique» est moins performante qu'une approche fondée sur l'optimisation du débit cardiaque







Le troisième espace n'existe pas!

- N'a jamais été véritablement localisé
- Quantification sujette à plusieurs erreurs méthodologiques
- Probablement un concept erroné en périopératoire.

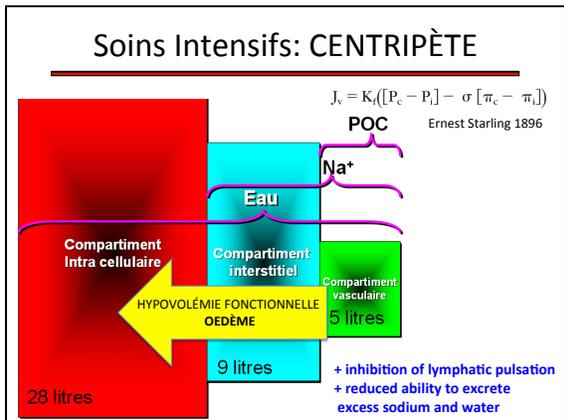
Inflation du compartiment interstitiel

Par perméabilité augmentée

- Pression hydrostatique Perméabilité
- Pression oncotique Réseau lymphatique

Lymph Capillaries in the Tissue Spaces

NEJM 2013;369:1243



LES BUTS: passer d'un effet physiologique à un bénéfice

- Restaurer un compartiment liquidien
- Optimiser la circulation
- Améliorer la perfusion tissulaire
- CORRIGER ou PRÉVENIR les dysfonctions d'organes

MON MESSAGE

- Le plus important n'est pas que le choix du liquide de remplissage...
- ...mais plutôt la façon de l'utiliser.

«Priorité à la stratégie plutôt qu'à l'outil»

La restriction liquidienne (cristalloïde) périopératoire

0.9% Sodium Chloride Injection USP

aNORMAL SALIN

- Chez l'humain: est associé à l'insuffisance rénale (RIFLE)
- Chez l'humain: est associé à un taux d'épuration plus élevé
- Chez l'humain: est associé à plus de SIRS lors de pancréatites
- Chez l'animal: est associé à des lésions rénales, à plus d'hypotension et de cytokines

Hyperchlorémie induite

- Vasoconstriction artère afférente glomérulaire
- Augmentation de la consommation en oxygène des cellules tubulaires au niveau de la médulla
- Oligurie
- Retard de la reprise du transit intestinal
- Augmentation des niveaux de douleur

Major Complications, Mortality, and Resource Utilization After Open Abdominal Surgery

0.9% Saline Compared to Plasma-Lyte (Ann Surg 2012;255:821-829)

TABLE 4. Impact of Balanced Fluid Use on Resource Utilization

	Original Cohort		P	Matched Cohort		P
	Balanced (N = 926)	0.9% Saline (N = 30994)		Balanced (N = 926)	0.9% Saline 3:1 Match (N = 2778)	
Medication						
Albumin	10.0%	11.1%	0.30	10.0%	9.3%	0.52
Antinausea medication	0.5%	1.3%	0.03	0.5%	1.2%	0.10
Buffers	4.2%	9.0%	<0.001	4.2%	6.3%	0.02
Diagnostics	25.7%	29.1%	0.03	25.7%	22.8%	0.07
Crystalloid used, mean mL (SD)	1658 (1288)	2003 (1531)	<0.001	1658 (1288)*	1976 (1560)*	<0.001
Blood transfusions						
Yes	1.8%	13.3%	<0.001	1.8%*	11.3%*	<0.001
Median units if transfused	2.69	2.88	0.01	2.69*	2.92*	0.005
Diagnosis						
Arterial blood gas	13.7%	21.3%	<0.001	13.7%*	22.9%*	<0.001
Lactic acid level	3.3%	9.8%	<0.001	3.3%*	8.0%*	<0.001
Blood culture	16.4%	21.3%	<0.001	16.4%	16.1%	0.80
CT scan abdomen	15.2%	21.1%	<0.001	15.2%	15.5%	0.85
CT scan chest	3.8%	5.4%	0.03	3.8%	3.6%	0.84
CT scan brain	2.7%	4.7%	0.005	2.7%	3.5%	0.26
LOS days, mean (SD)	6.4 (6.8)	6.9 (5.0)	<0.001	6.4 (6.4)*	5.9 (6.4)*	<0.001
Ventilator usage	10.9%	15.9%	<0.001	10.9%	10.9%	0.98
Ventilator days, mean (SD)	2.4 (2.5)	3.1 (3.5)	<0.001	2.4 (2.5)*	3.0 (3.3)*	<0.001
Readmission within 30 days	26.9%	29.7%	0.07	26.9%	25.5%	0.39
Additional procedures						
Dialysis	1.0%	8.3%	<0.001	1.0%*	4.8%*	<0.001

N=3704

Association Between a Chloride-Liberal vs Chloride-Restrictive Intravenous Fluid Administration Strategy and Kidney Injury in Critically Ill Adults

JAMA. 2012;308(15):1566-1572

Table 3. Incidence of Acute Kidney Injury Stratified by Risk, Injury, Failure, Loss, and End-Stage (RIFLE) Serum Creatinine Criteria

RIFLE class	No. (%) [95% CI] of Patients ^a		P Value
	Control Period (n = 760)	Intervention Period (n = 773)	
Risk	71 (9.0) [7.2-11.0]	57 (7.4) [5.5-9.0]	.16
Injury	48 (6.3) [4.5-8.1]	23 (3.0) [1.8-4.2]	.002
Failure	57 (7.5) [5.6-9.0]	42 (5.4) [3.8-7.1]	.10
Injury and failure	105 (14) [11-16]	65 (8.4) [6.4-10.0]	<.001

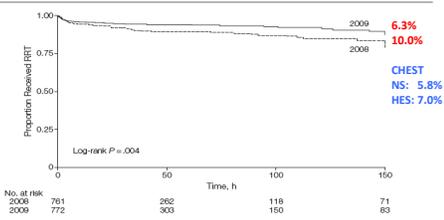
Adjusted Risk of AKI with chloride restriction: OR 0.52 [95% CI, 0.37-0.75]

N=1553

Association Between a Chloride-Liberal vs Chloride-Restrictive Intravenous Fluid Administration Strategy and Kidney Injury in Critically Ill Adults

JAMA. 2012;308(15):1566-1572

Figure 2. Renal Replacement Therapy (RRT) in the Intensive Care Unit (ICU)



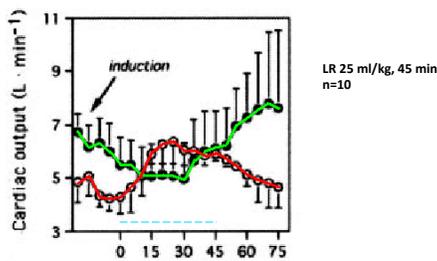
Adjusted Risk of RRT with chloride restriction: OR 0.52 [95% CI, 0.33-0.81]

N=1553

Intravascular Fluid Administration and Hemodynamic Performance During Open Abdominal Surgery

Christer H. Svensson, MD, PhD, D(ASA)

(Anesth Analg 2006;103:671-6)



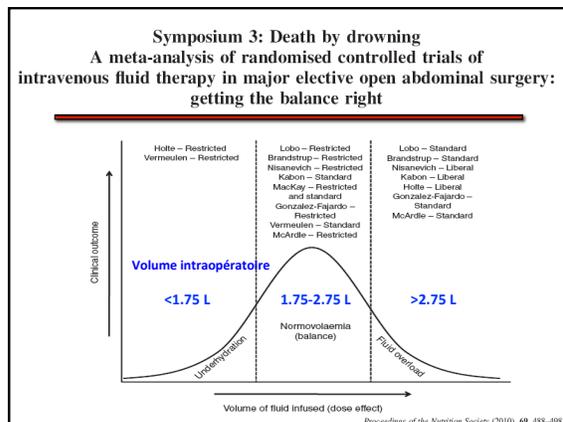
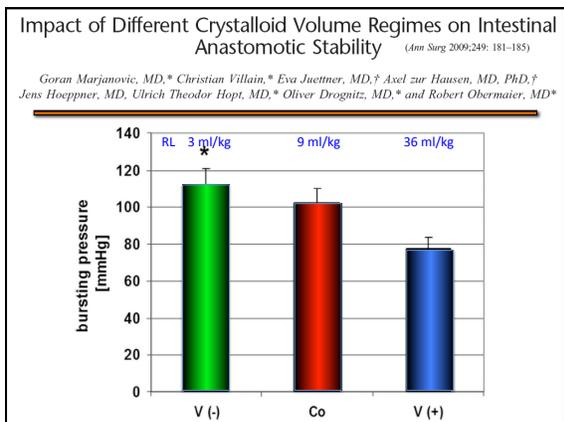
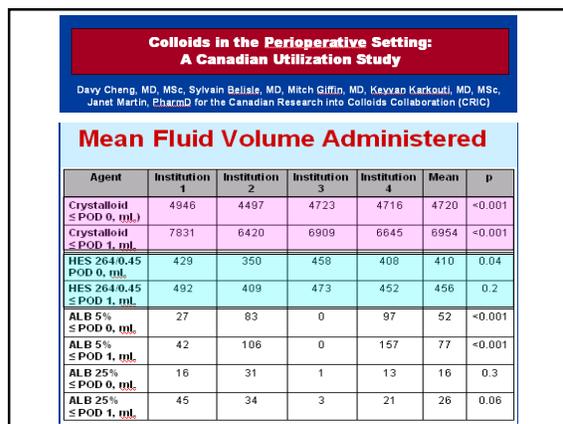
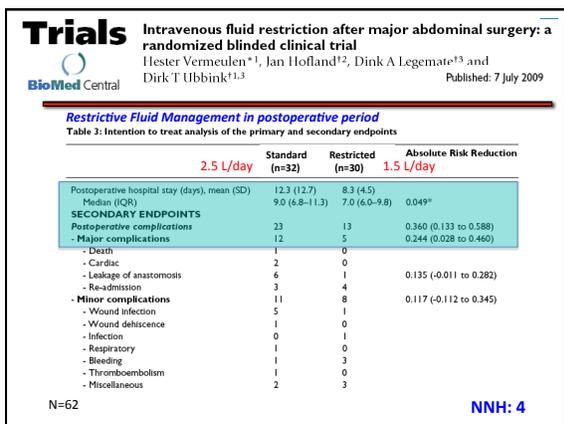
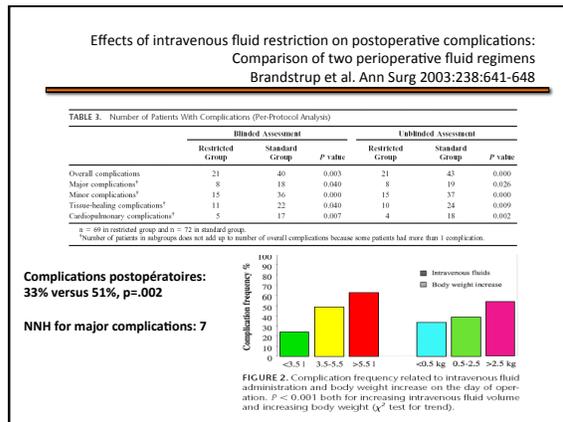
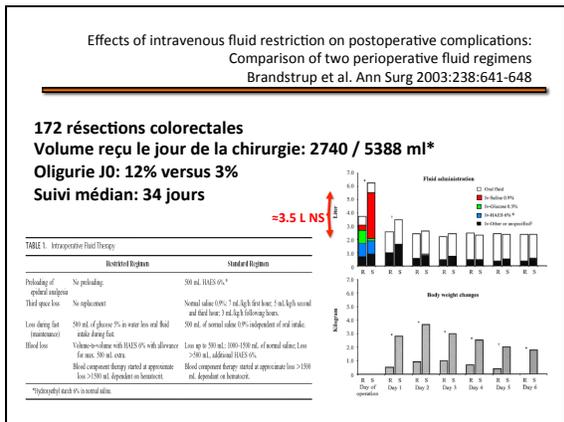
SHOCK, Vol 23, No. 4, pp 377-382, 2008

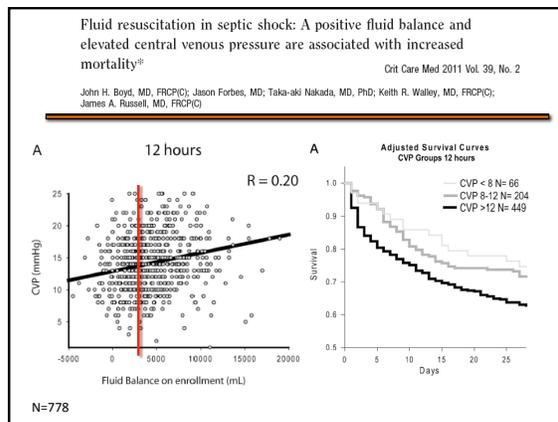
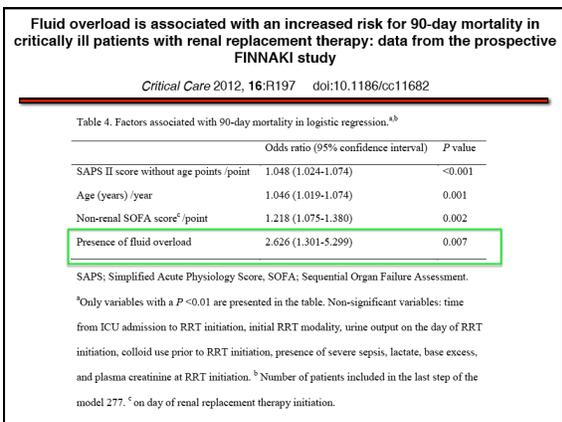
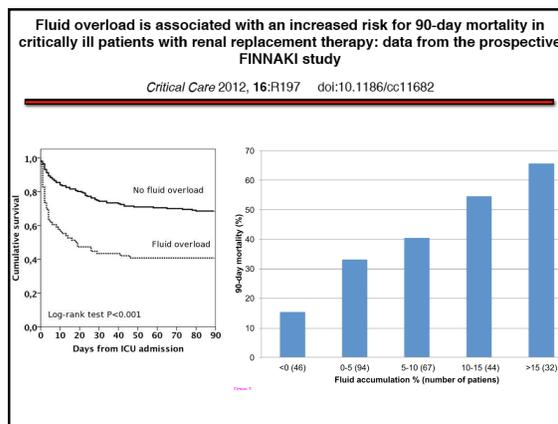
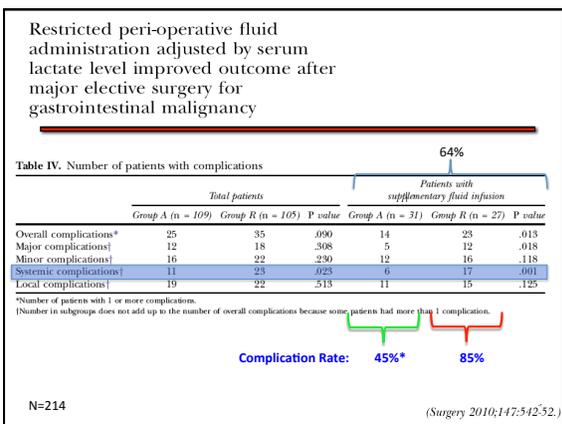
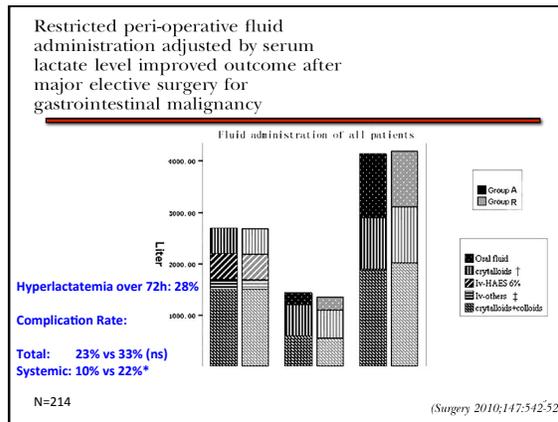
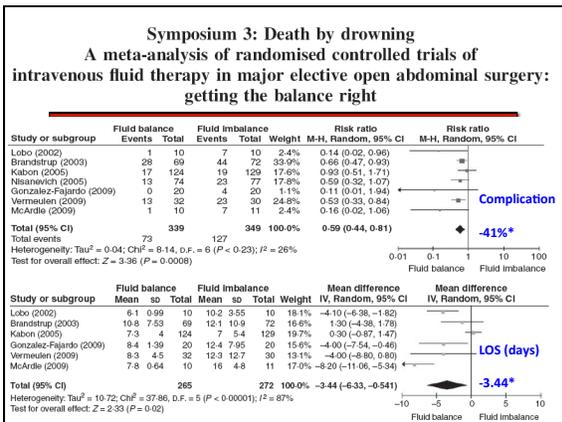
EFFECTS OF COLLOID RESUSCITATION ON PERIPHERAL MICROCIRCULATION, HEMODYNAMICS, AND COLLOID OSMOTIC PRESSURE DURING ACUTE SEVERE HEMORRHAGE IN RABBITS

Makiko Komori,¹ Katsumi Takada,¹ Yasuko Tomizawa,¹ Shoko Usuzono,¹ Keiko Nishiyama,¹ and Makoto Ozaki²

¹Department of Anesthesiology and ²General Surgery, School of Medicine, Toho University, Miyagi, Japan

Fig. 5. Change in blood flow rate after blood withdrawal and infusion therapy. B, baseline; ●, LR group; ○, HES group. *P < 0.05, **P < 0.001 versus the baseline value; †P < 0.05, ††P < 0.001 versus LR group.





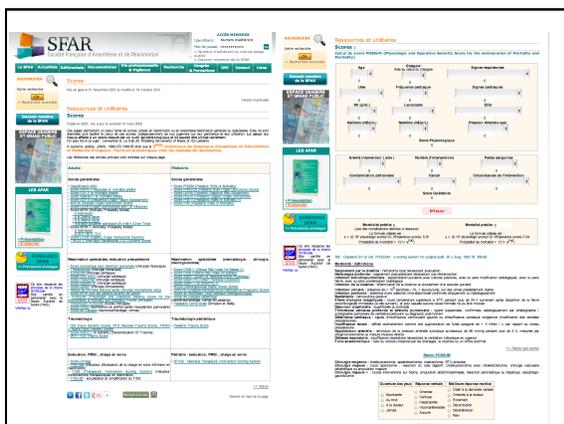


GDFT

Approches: évaluation dynamique de la courbe de Starling

- Proactive Doppler oesophagien
- Réactive précoce «Fluid responsiveness»
- Réactive tardive Approche «classique»

- Question plutôt de timing que de volume



Approche Proactive

NHS-NICE/Kuper Protocol⁴⁻¹³

OVERVIEW

Study Design Quality improvement program (before-after comparison)

Patient Population Undergoing emergency and elective abdominal, orthopedic, gynaecologic, urologic, and vascular surgery

Inclusion Criteria Three cohorts of patients aged ≥ 60 , 61-71, and ≤ 71 years with ASA ≥ 1

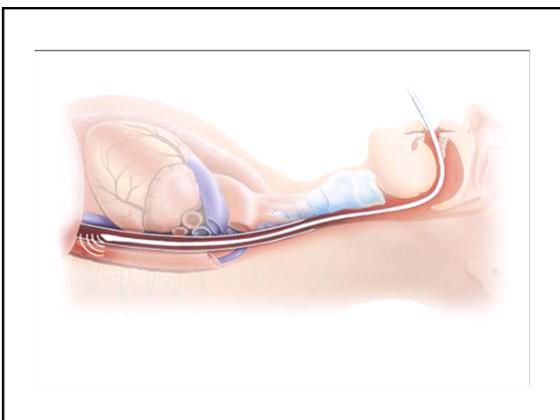
Target Parameters Stroke Volume

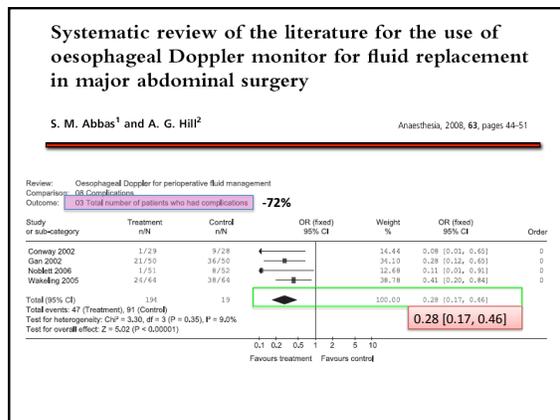
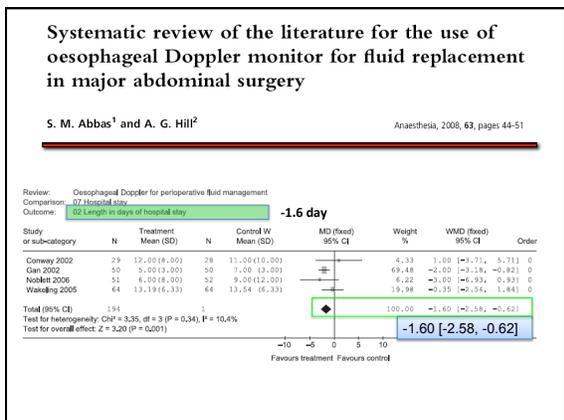
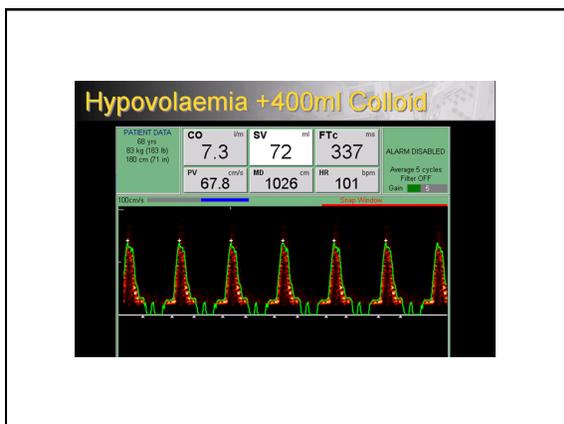
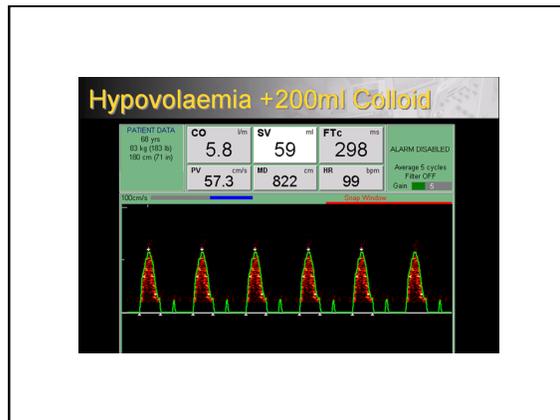
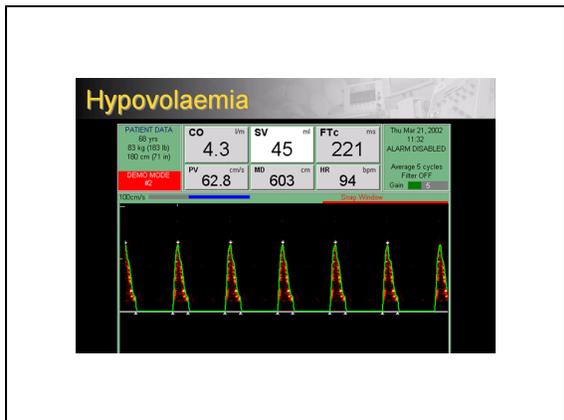
Intervention Fluid

Primary Outcomes 3.7-day decrease in hospital length of stay (25%)

```

graph TD
    A[Measure SV] --> B[200-250 ml fluid over 5-10 minutes]
    B --> C{SV increase >10%?}
    C -- YES --> A
    C -- NO --> D[Monitor SV for clinical signs of fluid loss]
    D -- YES --> E[SV reduction >10%]
    D -- NO --> A
    
```





Systematic review of the literature for the use of oesophageal Doppler monitor for fluid replacement in major abdominal surgery

S. M. Abbas¹ and A. G. Hill² Anaesthesia, 2008, 63, pages 44–51

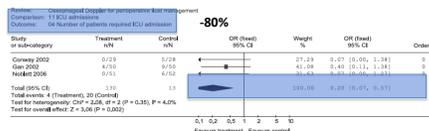


Figure 3 ICU admissions.

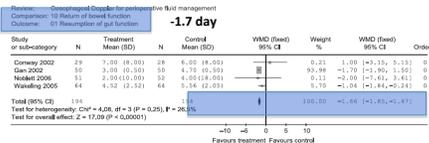


Figure 4 Resumption of gut function.

Approche Réactive Précoce

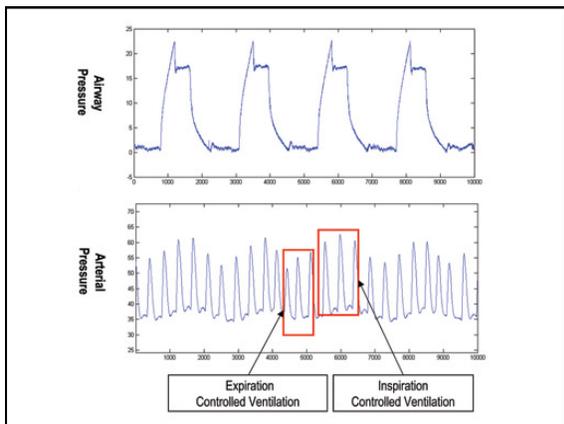
Benes Protocol

OVERVIEW

Study: Randomized controlled trial
Design: Undergoing elective abdominal surgery >2 h with expected blood loss >1000 ml
Population: One or more of the following: Ischemic heart disease or severe heart dysfunction, moderate to severe chronic obstructive pulmonary disease, aged 70y, ASA III or more
Target Parameters: Central Venous Pressure, Stroke Volume Variation, Cardiac Index
Intervention: Fluid (Colloid), Dobutamine
Primary Outcomes (56%): decrease in hospital length of stay (10%)



N=120



multi parameter and non invasive monitoring

continuous non-invasive blood pressure and level of consciousness

Central venous line (Standard CVC)

Arterial line (PiCCO® Catheter available in different sizes) Femoral, brachial or axillary artery

multi parameter and non invasive monitoring

Arterial line (PiCCO® Catheter available in different sizes) Femoral, brachial or axillary artery

FloTrac System

PROACTIVE Stroke Volume Optimization
 % Change in Stroke Volume (ΔSV) is a sensitive method for assessing preload responsiveness on all patients.

Monitor Stroke Volume
 200–250 ml fluid Challenge Over 3–10 Minutes
 YES → Monitor Stroke Volume for 10–15 min
 NO → Monitor Stroke Volume for 10–15 min

REACTIVE PRÉCÔCE Stroke Volume Variation Optimization
 Stroke Volume Variation (SVV) is a reliable indicator of preload responsiveness on control-ventilated patients with no PEEP

Pré-requis

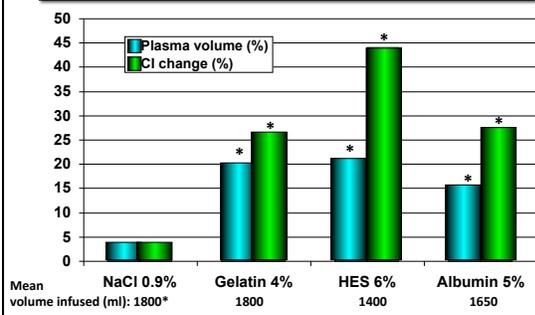
- Monitoring invasif de la tension artérielle
- Accès veineux central
- Rythme cardiaque régulier
- Ventilation contrôlée à 7-8 ml/kg
- Thorax fermé, compliance respiratoire
- Absence d'hémorragie active
- État de pré-charge dépendance si variation de la pression systolique ou du volume d'éjection de plus de 12% (9%-12% zone grise)

Limitations

- Sous estimation du VÉ pour le doppler oesophagien
- Positionnement sensible
- Sensibilité aux modifications des résistances vasculaires périphériques
- Latence pour l'estimation du facteur K
- Calibration
- En situation clinique, les mesures ne sont pas «interchangeables» avec les mesures thermodilution
- Versus thermodilution: 25-30% d'erreur, concordance 80-95%

Cardiac response is greater for colloid than saline fluid loading after cardiac or vascular surgery

Intensive Care Med (2006) 32:1036-1038



Meta-Analysis GDT

Author	Year	Nb Studies	Nb patients	Main conclusion
Kern	2002	21	2341	Reduction in mortality if started early
Poeze	2005	21	4175	Decreased mortality in high-risk surgery
Giglio	2009	16	3410	Reduced rate of minor and major gastrointestinal complications
Rahbari	2009	9	971	GDT and restriction decrease morbidity CRS
Brienza	2009	20	4220	GDT decreases risk of renal failure after surgery
Dalfino	2011	26	4188	GDT decreases incidence of postop infections
Gurgel	2011	32	5056	Decreased morbidity and mortality in high-risk surgical patients
Hamilton	2011	29	4805	Decreased morbidity and mortality in moderate and high-risk surgical patients
Corcoran	2012	23	3861	GDT and restriction reduce complications and length of hospital stay

Association of Hydroxyethyl Starch Administration With Mortality and Acute Kidney Injury in Critically Ill Patients Requiring Volume Resuscitation

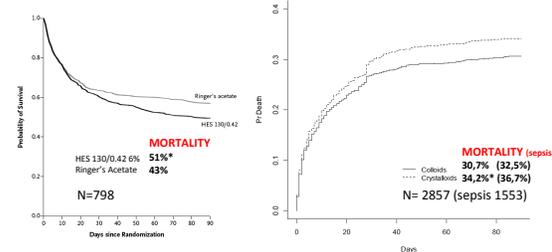
JAMA, February 20, 2013—Vol 309, No. 7

MORTALITY	HES (%)	Crystalloid, others colloids (%)	Effect estimate (RR)
ICU population N= 10290	22,6%*	21,2%	1.09 (1.02, 1.17)
Sepsis N= 4142	33,8%*	31,5%	1.10 (1.01, 1.20)

N=10290

Hydroxyethyl Starch 130/0.42 versus Ringer's Acetate in Severe Sepsis

Effects of Fluid Resuscitation With Colloids vs Crystalloids on Mortality in Critically Ill Patients Presenting With Hypovolemic Shock
The CRISTAL Randomized Trial



N ENGL J MED 367:2 NEJM.ORG JULY 12, 2012

JAMA, doi:10.1001/jama.2013.280502
Published online October 9, 2013.

050703 Les solutions d'hydroxyéthylamidon ne doivent pas être administrées aux malades en phase critique - Rapports et avis - Site Web Canadiens en santé

Canada
 Gouvernement du Canada
Canadiens en santé
 Accueil > Rapports et avis

Les solutions d'hydroxyéthylamidons ne doivent pas être administrées aux malades en phase critique

Rapport d'incident

Date de début : 24 juin 2013
 Date d'affichage : 24 juin 2013
 Type de communication : Mise à jour
 Sous-catégorie : Médicaments
 Source : Santé Canada
 Prévalence : Renseignements importants en matière d'innocuité
 Public : Grand public
 Numéro d'identification : RA-34299

Problème

Santé Canada et les fabricants d'équipements du volume sanguin contenant les solutions d'hydroxyéthylamidons (HEA) déconseillent l'utilisation de ces produits chez les malades en phase critique souffrant de certains problèmes de santé.

Les solutions d'HEA sont utilisées pour remplacer le sang perdu chez les malades en phase critique qui accusent une baisse soudaine de leur tension artérielle (par exemple, à la suite d'une intervention chirurgicale).

Les solutions d'HEA ne doivent pas être administrées aux :

- patients atteints de septicémie (complication grave pouvant survenir à la suite d'une infection),
- patients atteints d'une maladie hépatique grave,
- certain types de patients atteints d'une altération de la fonction rénale.

En résumé

Restriction cristalloïdes

- Morbidité: **-43%**
- Séjour: **-2.0 jours**

Optimisation du VÉ avec des colloïdes

- Morbidité: **-72%**
- Séjour: **-1.6 jour**
- Mortalité >20%: **-80%**

Restrictive strategy of intra-operative fluid maintenance during optimization of oxygen delivery decreases major complications after high-risk surgery.

Critical Care 2011, 15:R226 doi:10.1186/cc10466

- RCT, admission aux SI après chirurgies majeures et dysfonctions d'organes préopératoires (n=88)
- LR 12 ml/kg/h versus 4 ml/kg/h
- Approche fluid challenge (avec gélatine)
- DO2 > 600 ml/min/m2 avec dobutamine
- Aux SI: LR 1.5 ml/kg/h plus algorithme pendant 8 heures

Restrictive strategy of intra-operative fluid maintenance during optimization of oxygen delivery decreases major complications after high-risk surgery.

Critical Care 2011, 15:R226 doi:10.1186/cc10466

	Conventional group	Restrictive group
Number of patients	43	45
Male (%)	24 (55.8)	21 (47.0)
Age, mean (SD)	68.6 ± 7.3	69.2 ± 9.0
Cancer	29 (67.4)	33 (73.3)
Risk scoring (points), median [15%-75%]	4 [3-4]	3 [3-4]
P- POSSUM physiologic score	24 [20-27]	22 [18-27]
P- POSSUM operative score	15 [11-17]	15 [14-16]
Predicted morbidity rate	61.5 [52.7-82.3]	61.7 [45.7-82.4]
Predicted mortality rate	14.6 [11.2-38.2]	14.5 [9.1-28.9]
Clinical predictors		
Age > 60 years-old (%)	38 (88.3)	40 (88.8)
Arterial hypertension (Difficult controlling)	27 (62.7)	27 (60.0)
COPD	4 (9.3)	4 (8.9)
Diabetes	4 (9.3)	4 (8.9)
EKG alterations	4 (9.3)	4 (8.9)
Previous AMI	1 (2.3)	3 (6.6)
Previous CVA	2 (4.6)	0 (0)
Type of surgery		
Colorectal	30 (69.7)	38 (84.4)
Vascular	10 (23.2)	4 (8.9)
Orthopedic	2 (4.6)	2 (4.4)
Other	1 (2.3)	1 (2.2)

Restrictive strategy of intra-operative fluid maintenance during optimization of oxygen delivery decreases major complications after high-risk surgery.

Critical Care 2011, 15:R226 doi:10.1186/cc10466

Group	Conventional	Restrictive
Intraoperatively		
Operation time (min)	228 ± 53	250 ± 60
Crystalloid, mL	4335 ± 1548	2301 ± 1064**
Colloid, mL	915 ± 559	1216 ± 814*
Fluid-challenged patients, n (%)	42 (97.7)	44 (97.7)
Number of fluid challenges per patient	2.4	3.1
Number of positive fluid challenges, n (%)	61 (58.6)	93 (65.0)
Transfused patients (RBC), n (%)	18 (41.8)	19 (42.2)
Red blood cells, units	1.8 ± 0.4	1.9 ± 0.9
Dobutamine doses, µg/kg/min	12.3 ± 7.3	10.9 ± 5.9
Achievers	26 (60.4)	18 (40.0)
Postoperatively		
Crystalloid, mL	1296 ± 1114	1145 ± 680
Colloid, mL	1321 ± 595	1210 ± 700
Transfused patients (RBC), n (%)	10 (23.2)	11 (24.4)
Red blood cells, units	1.7 ± 0.7	1.5 ± 0.5

Restrictive strategy of intra-operative fluid maintenance during optimization of oxygen delivery decreases major complications after high-risk surgery.

Critical Care 2011, 15:R226 doi:10.1186/cc10466

Table 5. Major complications in conventional and restrictive groups.

	Conventional	Restrictive
Cardiovascular complications		
Atrial fibrillation	2 (4.6)	1 (2.2)
Hypertensive crisis	4 (9.3)	0 (0)
Pulmonary thromboembolism	0 (0)	1 (2.2)
Total	6 (13.9)	2 (4.4)
Tissue-healing complications		
Evisceration	2 (4.6)	0 (0)
Anastomotic leak	2 (4.6)	1 (2.2)
Total	4 (9.2)	1 (2.2)
Infectious complications		
Nosocomial pneumonia	4 (9.3)	6 (13.3)
Occult septic shock	1 (2.3)	0 (0)
Peritonitis	2 (4.6)	0 (0)
Blood stream infection	0 (0)	1 (2.2)
Wound abscess	2 (4.6)	0 (0)
Total	9	7
Other complications		
Extubation failure	1 (2.3)	0 (0)
Renal dysfunction	1 (2.3)	0 (0)
Gastrointestinal dysfunction	5 (8.9)	1 (2.2)
Total	7	1
Total number of major complications	24	11
Number of patients with complications	18 (41.8)	9 (20.0)*
Number of complications per patient	0.55	0.24
Outcomes		
LOS in the ICU, median, [IQR]	2.0 [1.0-4.0]	2.0 [2.0-5.0]
LOS in the hospital, median [IQR]	6.0 [4.0-9.0]	6.0 [4-16]
30-day mortality rate	2 (4.6)	0 (0)
60-day mortality rate	5 (8.9)	1 (2.2)

Anticipé

Les approches liquidiennes périopératoires ciblées

- Restriction liquidienne en cristalloïdes (≈20-30 ml/kg)
- Éviter les solutions riches en chlore
- Identification et correction précoce du déficit intravasculaire pour chirurgies ou patients à risques modérés: RÉACTIVE PRÉCOCE
- Pour la population chirurgicale à haut risque: maintien optimisé du volume d'éjection avec des colloïdes (HES ou gélatines): PROACTIVE

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The screenshot shows a BBC News article from October 6, 2007. The headline is "NHS to speed up technology use". The sub-headline reads: "A scheme to speed up the introduction of cutting-edge technology in the NHS has been launched." The article text states: "The NHS has long been criticised for being slow to adopt new gadgets. Around 15 life-saving technologies will be introduced over three years, including a blood flow monitor which could save the NHS £500m a year." A quote from Margaret Parton, National Technology Adoption Hub, says: "It is vital that new life-saving, cost-effective technologies are adapted as quickly as possible through the NHS." The article also mentions that the NHS Technology Adoption Hub, based in Manchester, was set up after an advisory group found innovations were not reaching patients.

RECOMMANDATIONS FORMALISÉES D'EXPERTS

SFAR
Société Française d'Anesthésie et de Réanimation

Stratégie du remplissage vasculaire périopératoire

Guidelines for perioperative haemodynamic optimization

Validation par le conseil d'administration de la Sfar du 19 octobre 2012.
En collaboration avec l'Adarpef

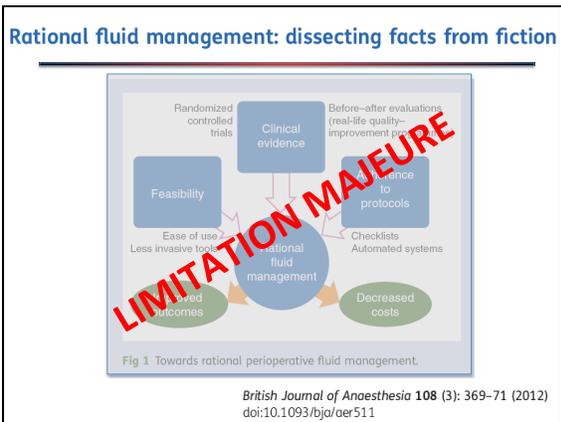
B. Vallet^a, Y. Blanloeil^b, B. Cholley^c, G. Orliaguet^d, S. Pierre^e, B. Tavernier^f

Rational fluid management: dissecting facts from fiction

The diagram illustrates the path to rational perioperative fluid management. It starts with 'Randomized controlled trials' and 'Clinical evidence' leading to 'Before-after evaluations (real-life quality-improvement programmes)'. 'Feasibility' leads to 'Ease of use' and 'Less invasive tools', which then lead to 'Rational fluid management'. 'Adherence to protocols' leads to 'Checklists' and 'Automated systems', which also lead to 'Rational fluid management'. 'Rational fluid management' leads to 'Improved outcomes' and 'Decreased costs'.

Fig 1 Towards rational perioperative fluid management.

British Journal of Anaesthesia 108 (3): 369-71 (2012)
doi:10.1093/bja/aer511



ERAS® Society

"The immediate challenge to improving the quality of surgical care is not discovering new knowledge, but rather how to integrate what we already know into practice". (Urbach DR, Baxter NN. BMJ 2005)

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ERAS® stands for Enhanced Recovery After Surgery. ERAS is a multimodal perioperative care pathway designed to achieve early recovery for patients undergoing major surgery.

ERAS represents a paradigm shift in perioperative care in two ways. First, it re-examines traditional practices, replacing them with evidence-based best practices when necessary. Second, it is comprehensive in its scope, covering all areas of the patient's journey through the surgical process.

The key factors that keep patients in the hospital after surgery include the need for parenteral analgesia, the need for intravenous fluids secondary to gut dysfunction, bed rest caused by lack of mobility.

The central elements of the ERAS pathway address these key factors, helping to clarify how they interact to affect patient recovery. In addition, the ERAS pathway provides guidance to all involved in perioperative care, helping them to work as a well-coordinated team to provide the best care.

Use of the ERAS pathway has been shown to:

- reduce care time by more than 30% and
- reduce postoperative complications by up to 50% [1].

[1] Varadhan, KK et al. The enhanced recover after surgery (ERAS) pathway for patients undergoing major elective open colorectal surgery: a meta-analysis of randomized trials. Clin. Nutr 2010.



NHS Enhanced Recovery Partnership Programme

NICE National Institute for Health and Clinical Excellence

Google: NHS Delivering Enhanced Recovery

Google: NICE CardioQ

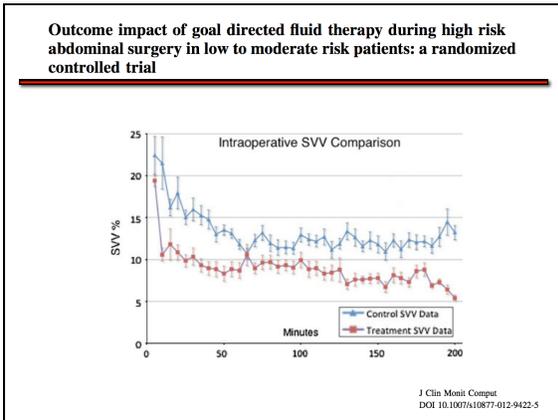
Delivering enhanced recovery

Helping patients to get better sooner after surgery

Issue date: March 2011

CardioQ-ODM oesophageal doppler monitor

NICE medical technologies guidance 3



ESTABLISHED IN 1812 JUNE 30, 2011 VOL. 364 NO. 26

Mortality after Fluid Bolus in African Children with Severe Infection

- RCT, sans aveugle, 6 centres africains
- Stratum A: enfants **sans** hypotension sévère (Tas <70 mmHg)
- Ratio 1:1:1, pas de bolus versus NS (40 ml/kg) versus albumine 5% (40 ml/kg) en 1 heure
- Stratum B: enfants **avec** hypotension sévère
- Ratio 1:1,(60 ml/kg) NS versus albumine 5%
- Le groupe pas de bolus développant une hypotension sévère devenait un groupe NS

Outcome impact of goal directed fluid therapy during high risk abdominal surgery in low to moderate risk patients: a randomized controlled trial

Table 4 Data are presented as median differences in hospital outcome measures

Outcome characteristics	GDT (N = 18)	Control (N = 20)	p value
Length of stay days	5.0 (3.75-8.25)	7.5 (5.25-10.75)	0.04
POD of return of GI function days	3.0 (2-4)	4.0 (3.25-6)	0.004
POD started on soft diet days	4.0 (2.75-4)	5.0 (4-7)	0.004
Quality of recovery score POD 2 (max = 18)	16.0 (14.75-17)	15.0 (14-15.75)	0.05
Quality of recovery score POD 4 (max = 18)	18.0 (17-18)	16.5 (15-18)	0.03

p values determined by two-tailed Mann-Whitney analysis and values are expressed as median (25-75 % interquartile range). Outcome variables were all significantly better in the GDT group

J Clin Monit Comput
DOI 10.1007/s10877-012-9422-5

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Mortality after Fluid Bolus in African Children with Severe Infection

- Enfants de 60 jours à 12 ans
- État fébrile sévère, coma, détresse respiratoire, altération perfusion périphérique, tachycardie >140/min
- Exclusions: malnutrition sévère, gastroentérite, trauma, chirurgie, brûlés

ESTABLISHED IN 1812 JUNE 30, 2011 VOL. 364 NO. 26

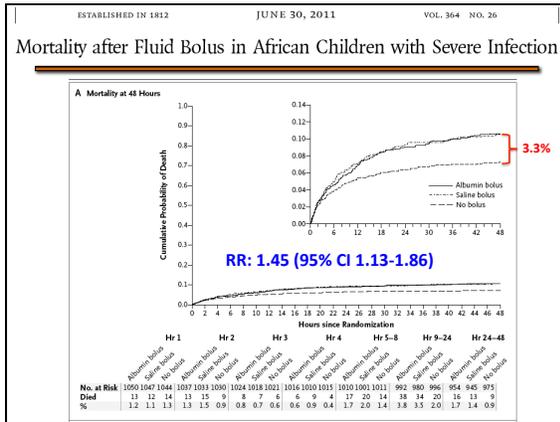
Mortality after Fluid Bolus in African Children with Severe Infection

- Outcome primaire: mortalité 48 heures
- Outcomes secondaires: mortalité J28, séquelles neurologiques (4 et 24 semaines), hypotension durant 48 h, complications de la ressuscitation (œdème pulmonaire, HTIC, allergie sévère)
- Stratum A: 3141
- Stratum B: 29

ESTABLISHED IN 1812 JUNE 30, 2011 VOL. 364 NO. 26

Mortality after Fluid Bolus in African Children with Severe Infection

- Début 2011, le DMC recommande l'arrêt de l'étude car un excès de mortalité est observé



ESTABLISHED IN 1812 JUNE 30, 2011 VOL. 364 NO. 26

Mortality after Fluid Bolus in African Children with Severe Infection

- Hypothèses: la vasoconstriction de tissus non vitaux est un mécanisme de protection efficace et sa disparition rapide par l'administration de bolus importants est délétère.
- Le choc froid est la manifestation d'une dysfonction cardiaque (systolique/ diastolique) détériorée par le remplissage incontrôlé
- En majorité, les décès survenaient suite à un collapsus cardiovasculaire

