

# Introduction à la pharmacogénomique

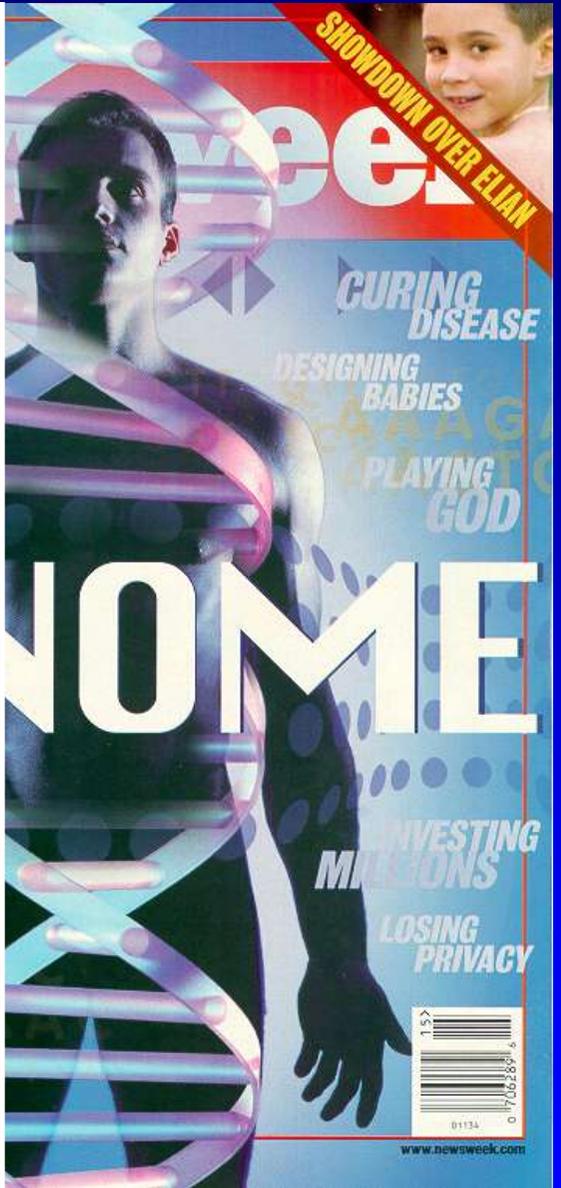
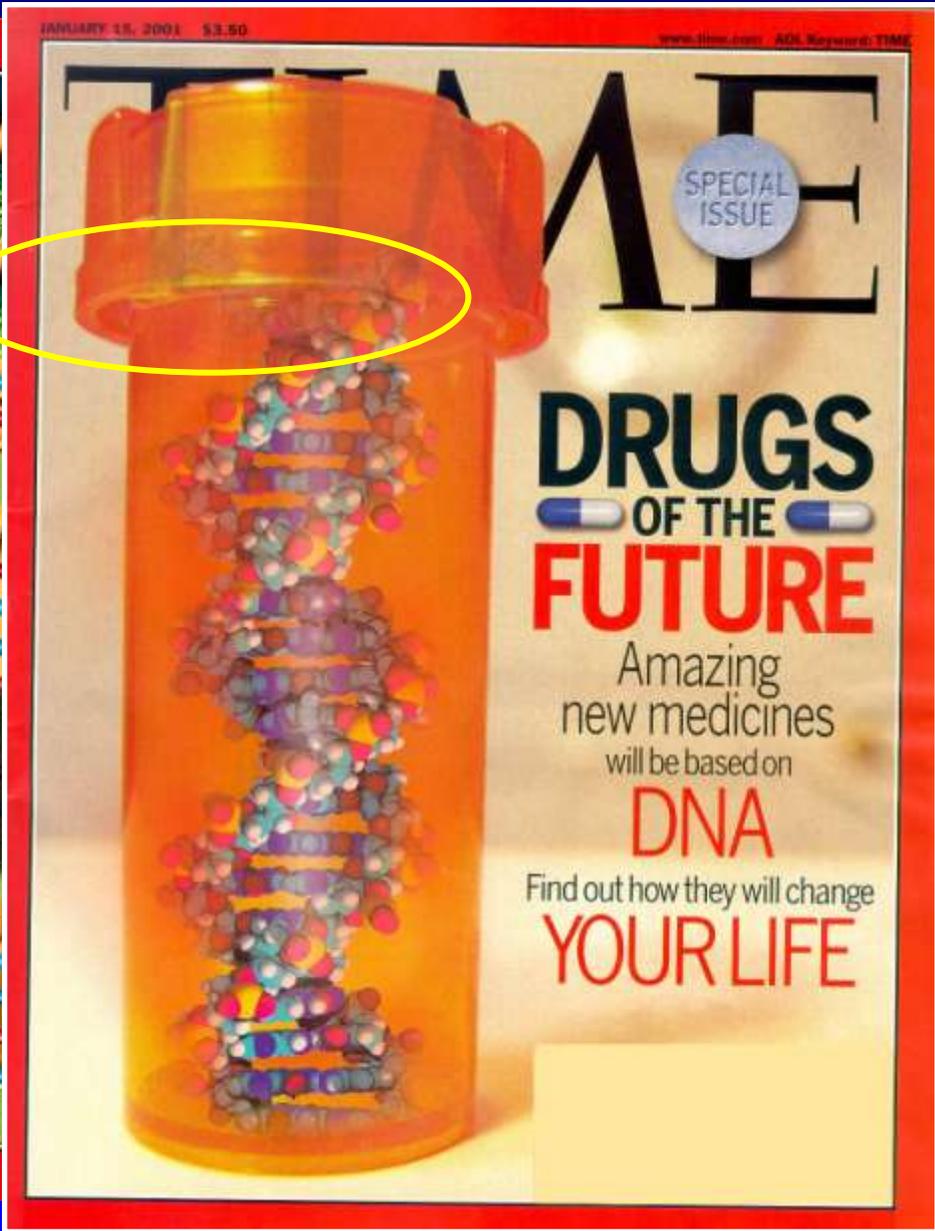
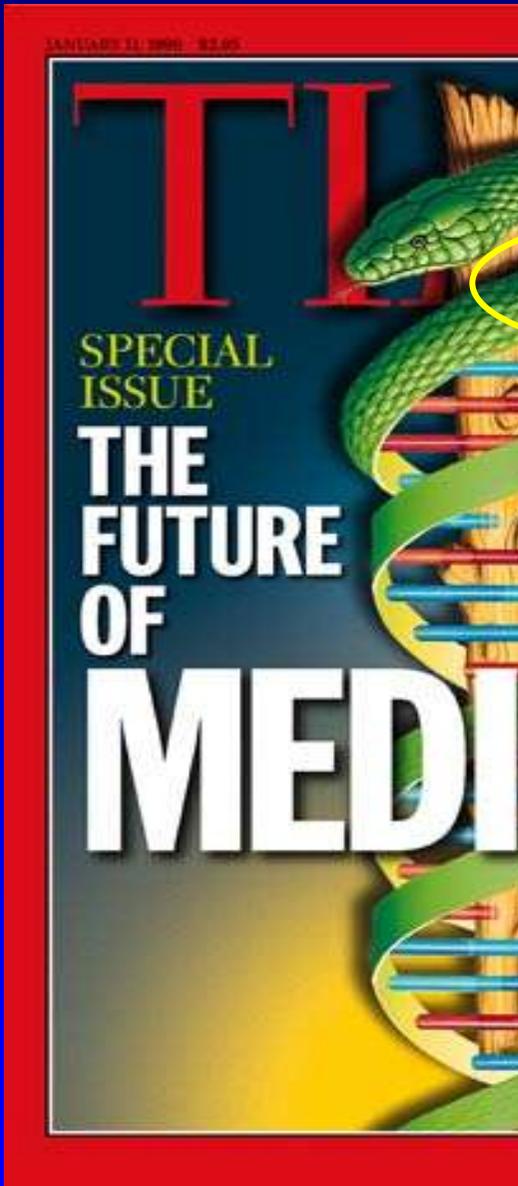
**Simon de Denus, pharmacien, MSc (Pharm), PhD**

**Titulaire de la Chaire Beaulieu-Saucier  
en pharmacogénomique de l'Université de Montréal**

**Faculté de Pharmacie, Université de Montréal/  
Institut de cardiologie de Montréal**

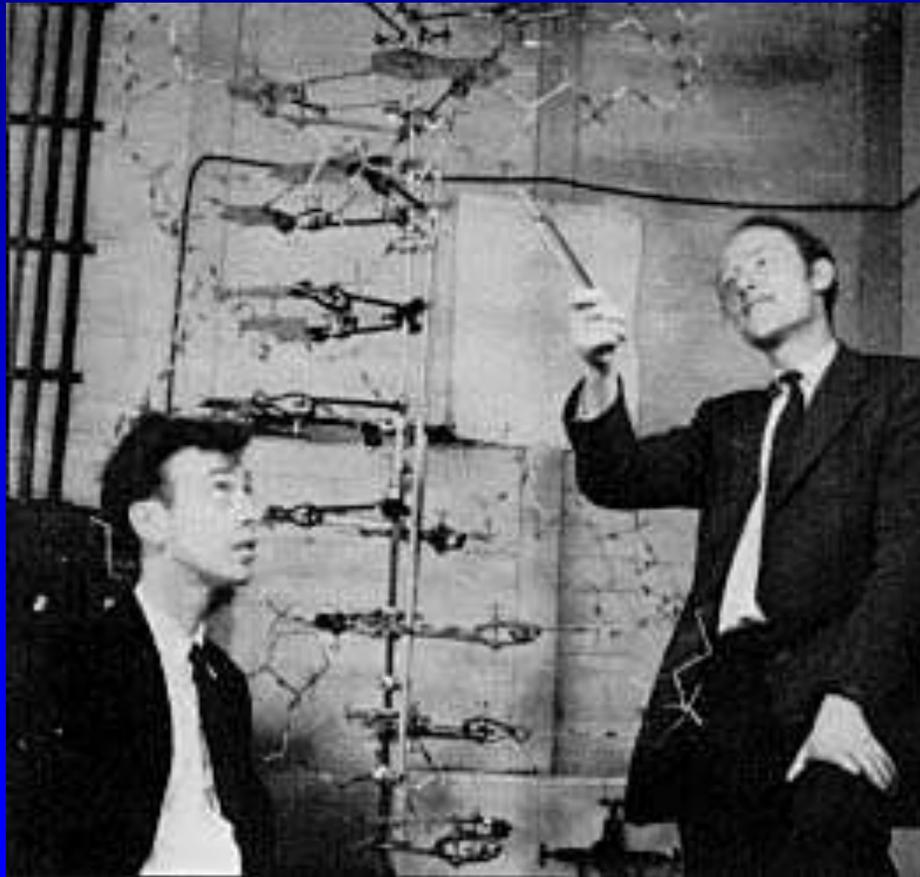


*« Prediction is very difficult, especially about the future. »*  
Niels Bohr, physicien danois.

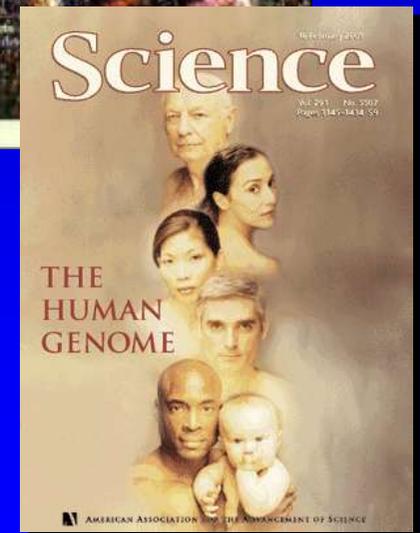




Gregor Mendel  
discovers  
laws of genetics  
1865



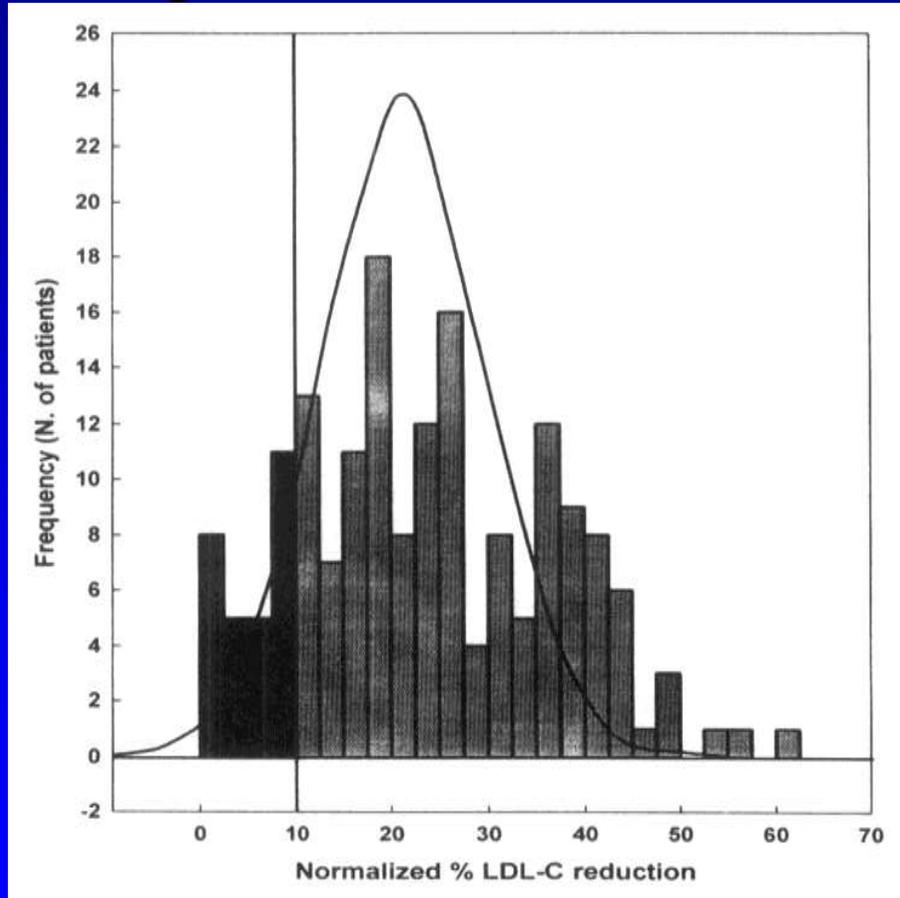
*Watson et Crick, 1953*



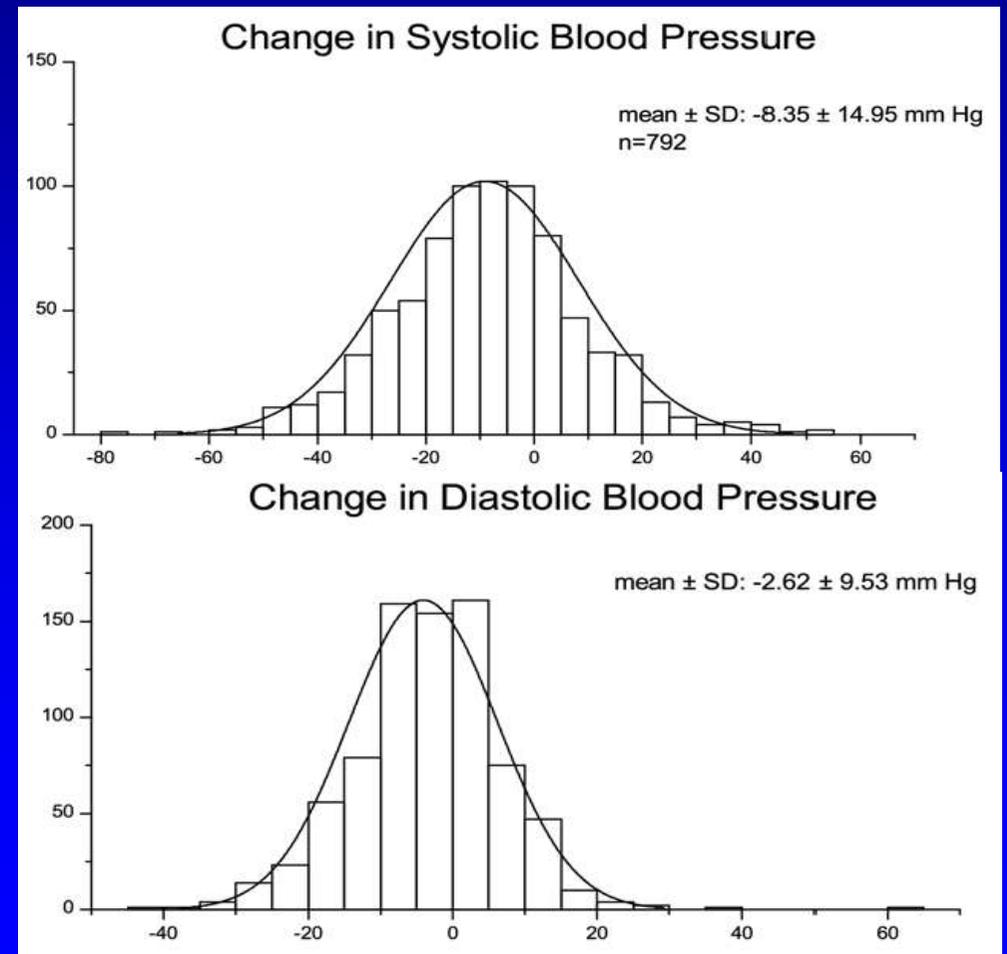
AMERICAN ASSOCIATION FOR THE ADVANCEMENT OF SCIENCE

# La pharmacogénomique... pourquoi?

- Réponse très variable aux médicaments



Pazzucconi F, et al. *Atherosclerosis*. 1995;117:189-98.



Brunner M, et al. *Am J Cardiol*. 2007;99:1549-54.

# Problématique

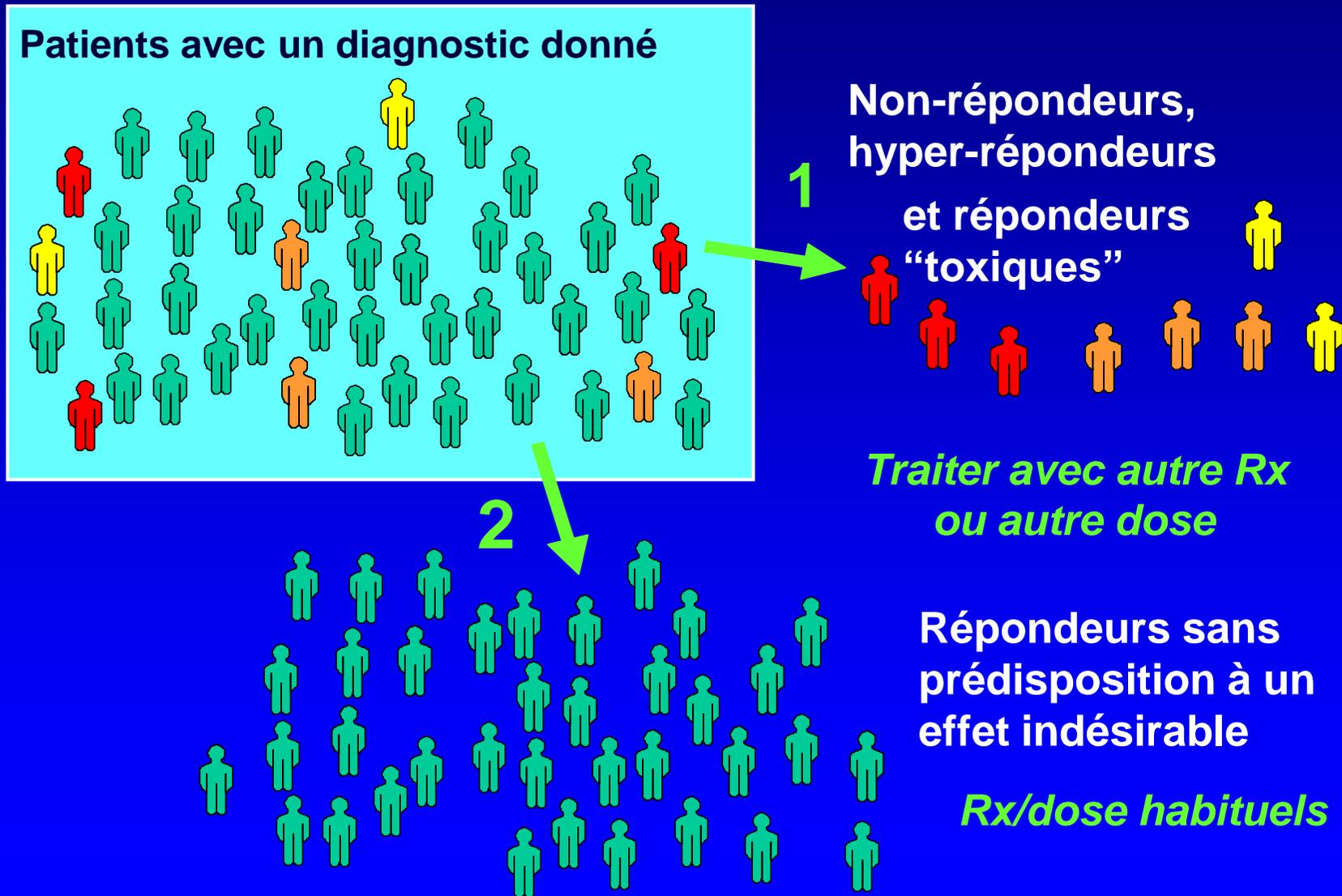


- **Effets indésirables aux médicaments**
  - **Données américaines**
    - 4 à 6<sup>e</sup> cause de décès
    - 2 millions d'hospitalisations
    - Jusqu'à 160 milliards dollars/année
  - **20 à 95% de la variabilité des effets des médicaments seraient attribuables à des facteurs génétiques.**

Gandhi TK, et al. NEJM 2003;348:1556-64. Lazarou J, et al. JAMA. 1998;279:1200-05.

Evans WE, McLeod HL. NEJM 2003;348:538-49.

# Potentiel de la pharmacogénomique



# Quelques chiffres...

- **23 paires de chromosomes**
  - 22 paires d'autosomes
  - 1 paire de chromosomes sexuels
- **20 000 à 25 000 gènes codant pour 100 000 protéines**
- **3 164 700 000 paires de base (A, T, C, G)**
- **Le code génétique est identique à 99,9%**
- **La différence entre l'homme et le chimpanzé est approximativement de 2%**

# Phénotype

Le **phénotype** est le trait observable chez une personne résultant de l'expression des allèles.

**Ex: couleur des yeux, taille, diabète, TA, réponse à un médicament...**

L'influence de l'**environnement** peut également être conjuguée à celle du génotype dans la pleine expression du phénotype.

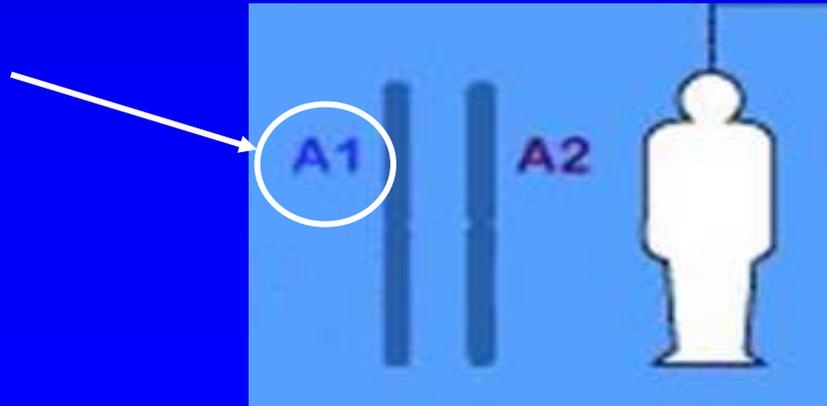
# UN Allèle

On nomme **allèle** une variante donnée à un gène.

Les allèles d'un même gène occupent le même **locus** sur un même chromosome.

Exemple : le gène déterminant le groupe sanguin **ABO**, situé sur le chromosome 9 humain, l'un des **allèles** code le groupe **A**, un autre pour le groupe **B**, et un troisième allèle détermine le groupe **O**.

Allèle



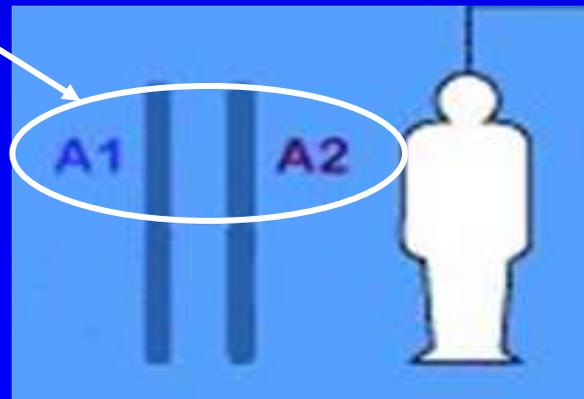
Population



# Génotype

- 1.** Le **génotype** est l'ensemble des constituants génétiques d'un organisme, qu'ils soient exprimés ou non.
- 2.** C'est plus communément utilisé pour représenter la constitution d'une paire d'allèles.

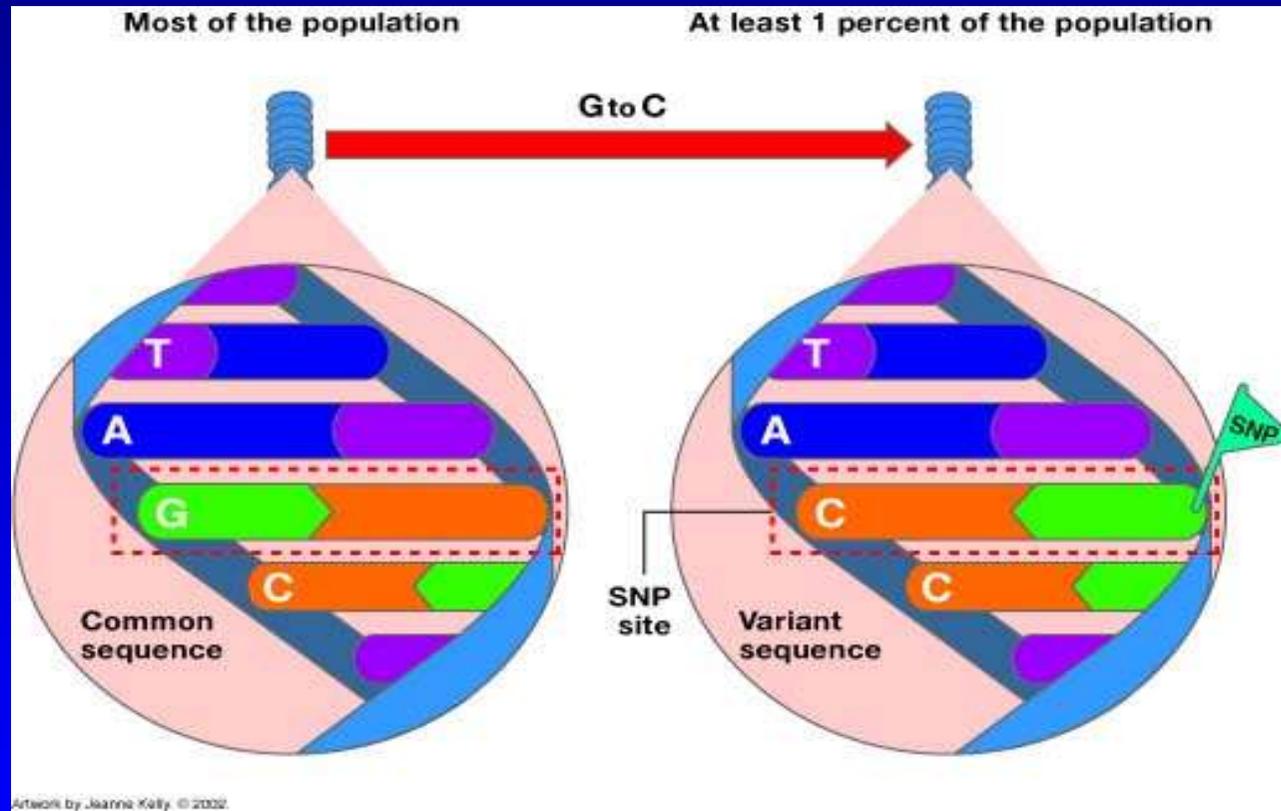
génotype



# Quelques termes...

- **Exon: Région codante du gène (1% du génome humain)**
- **Intron: Région non codante du gène (24% du génome humain)**
- **Pénétrance: Probabilité qu'un phénotype particulier soit exprimé chez un individu avec un génotype donné.**

# SNPs : Single Nucleotide Polymorphisms ou polymorphismes nucléotidiques simples



TAGC

TACC

- Environ 10 millions de SNPs dans le génome

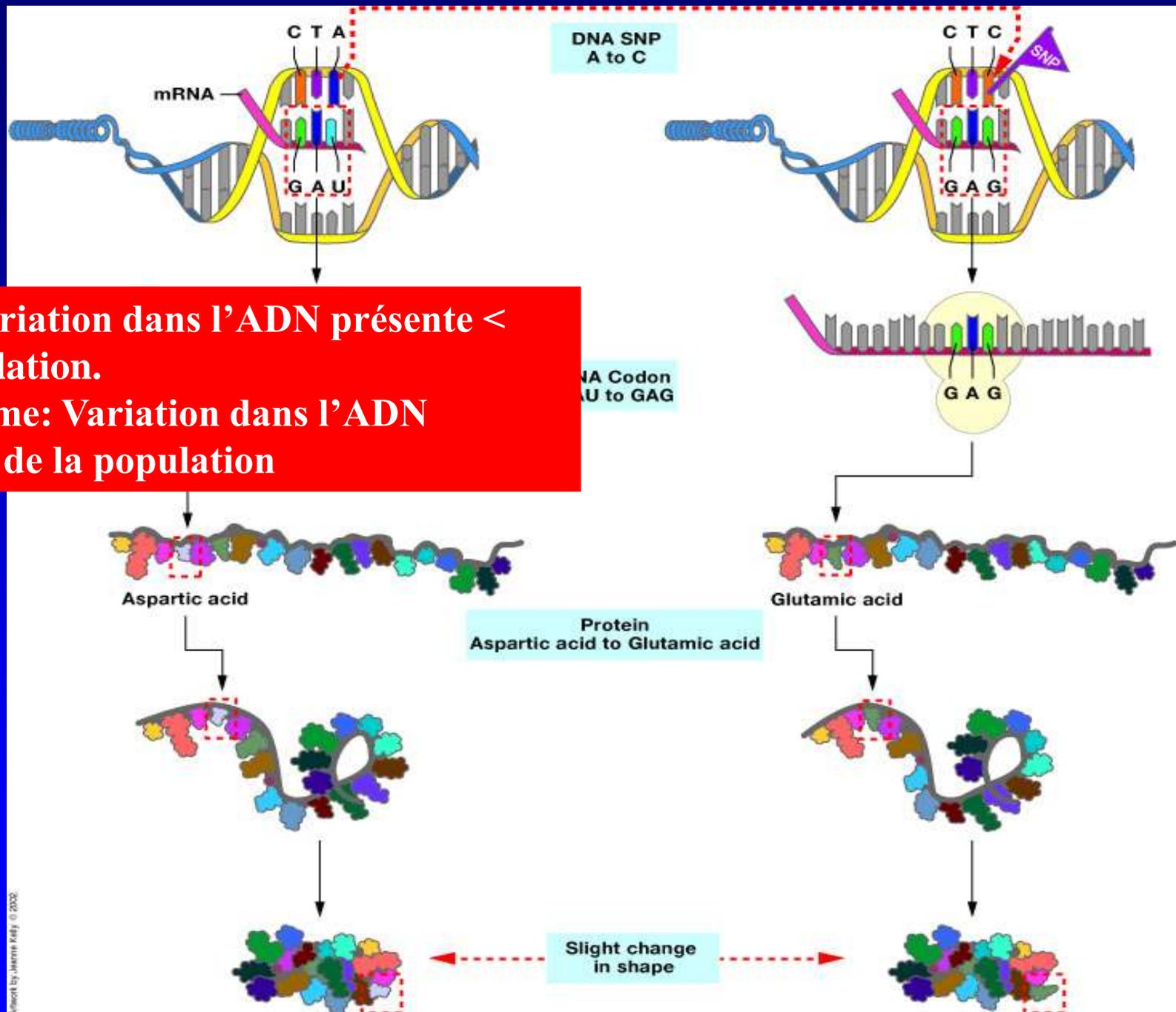
# SNP

## Transcription

- **Mutation:** Variation dans l'ADN présente < 1% de la population.
- **Polymorphisme:** Variation dans l'ADN présente  $\geq 1\%$  de la population

## Traduction

## Protéine

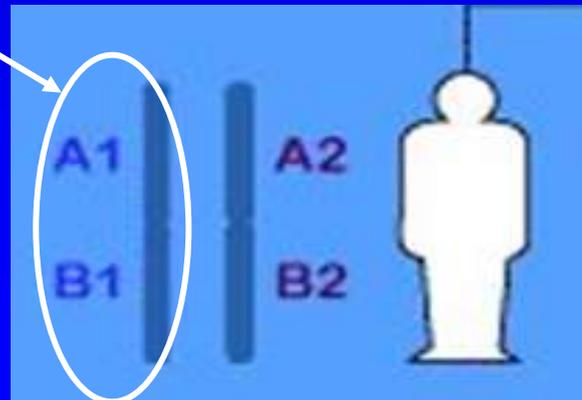


# Haplotype

L'**haplotype** est formé de séquence d'ADN (d'allèles) situés sur un seul brin d'ADN, donc un seul chromosome.

C'est l'ensemble des gènes présent sur un des chromosomes d'une paire.

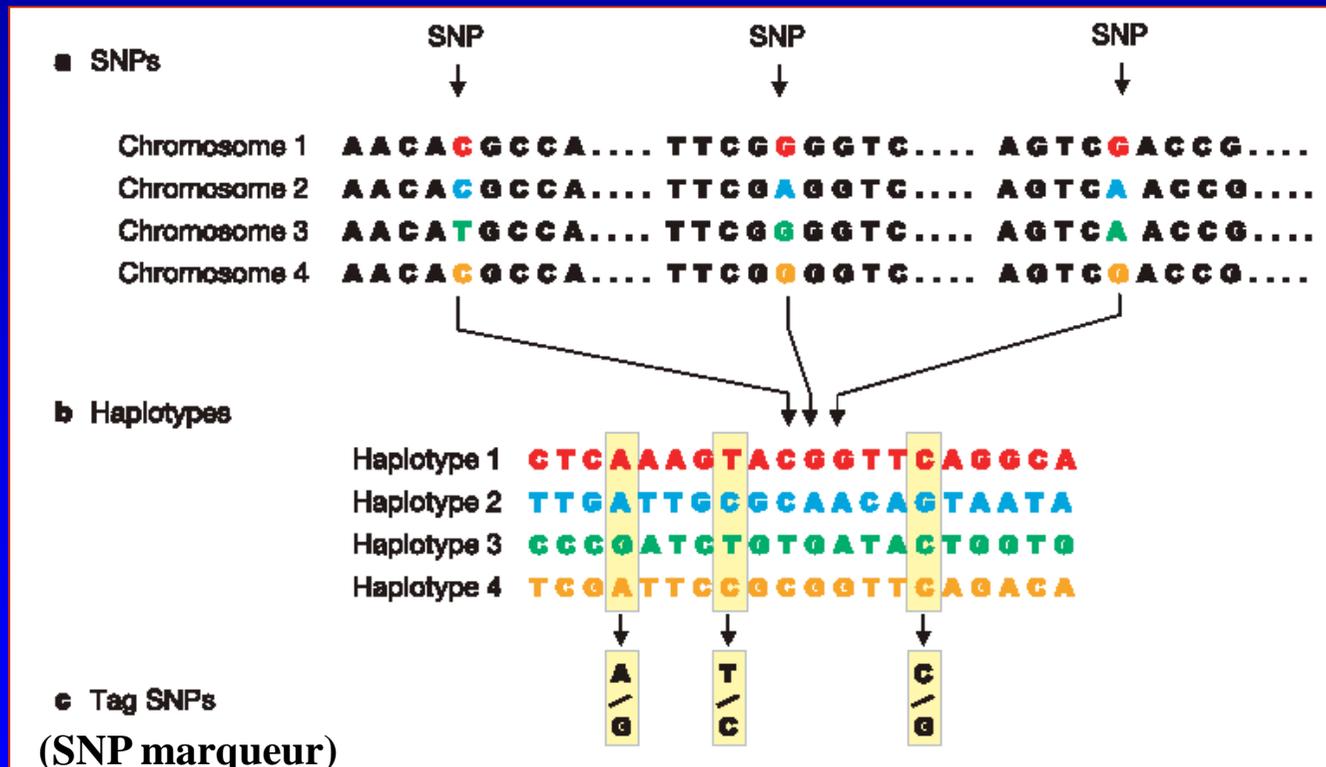
haplotype



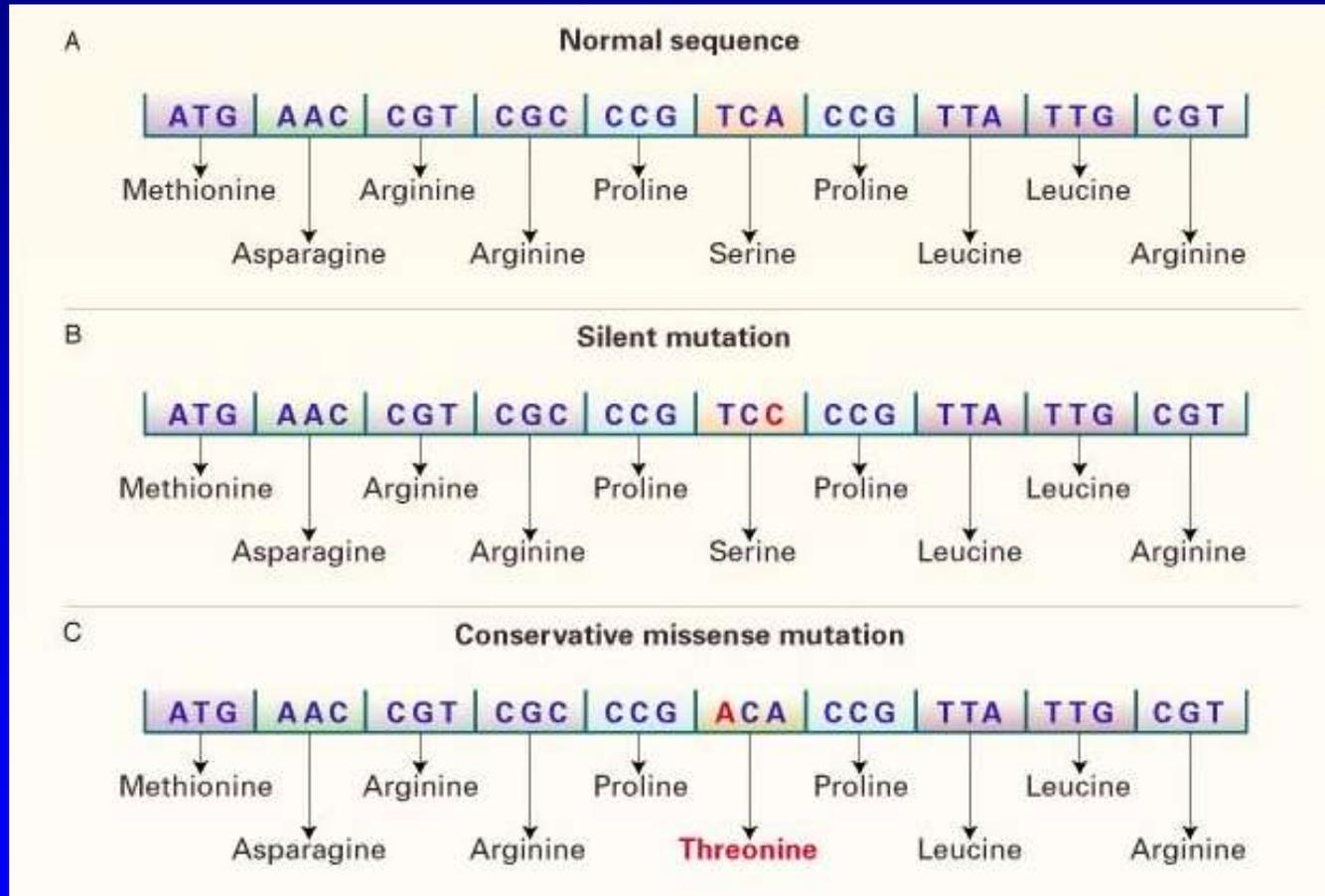


# Quelques termes...

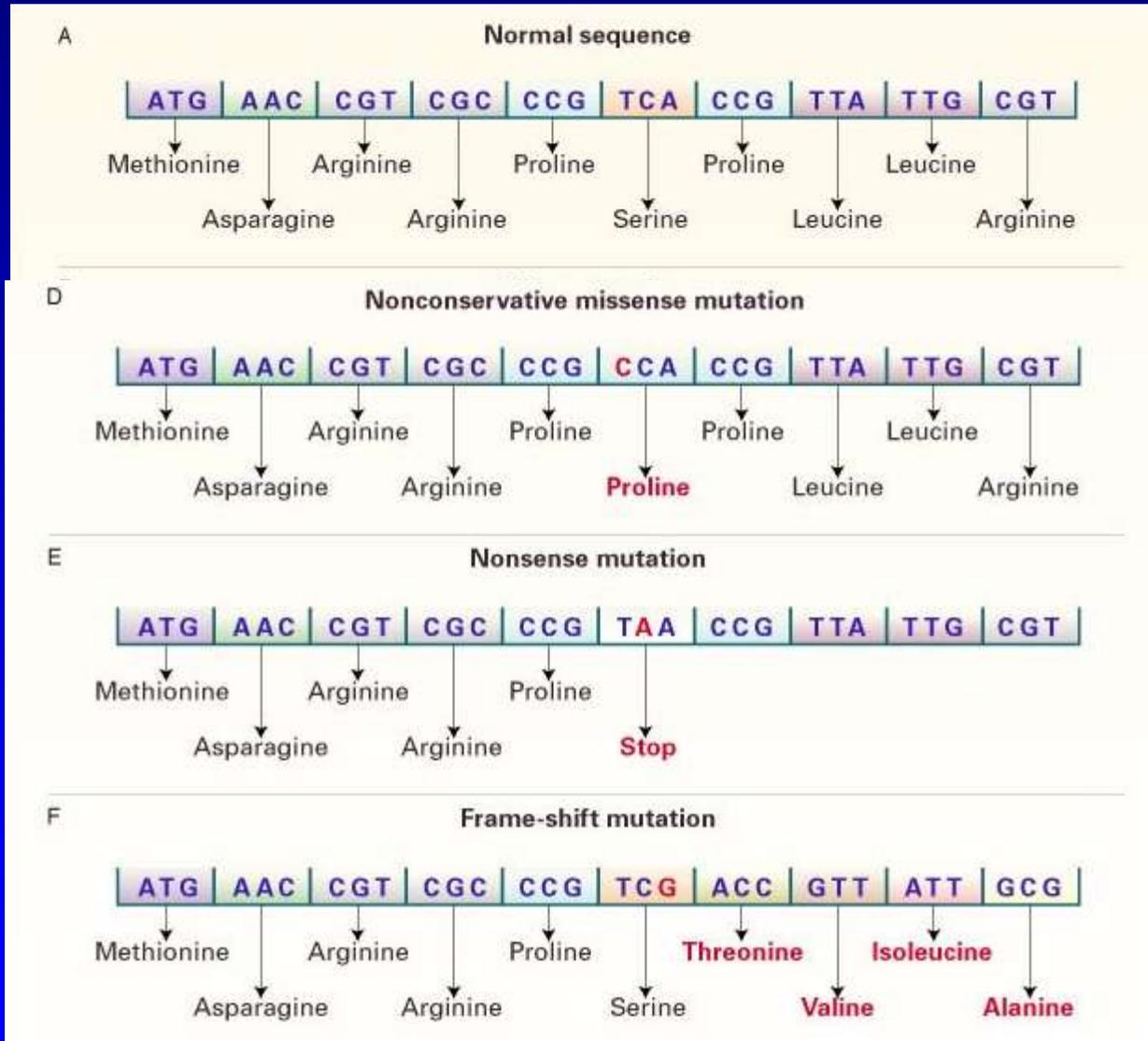
- Haplotypes:



# Types de variations génétiques

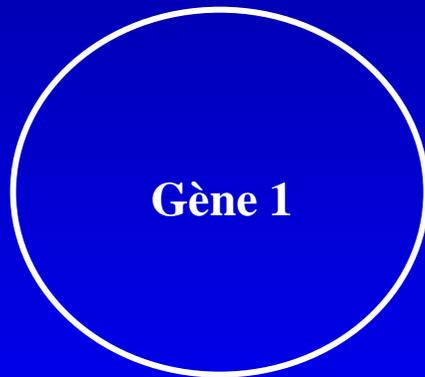


# Types de variations génétiques



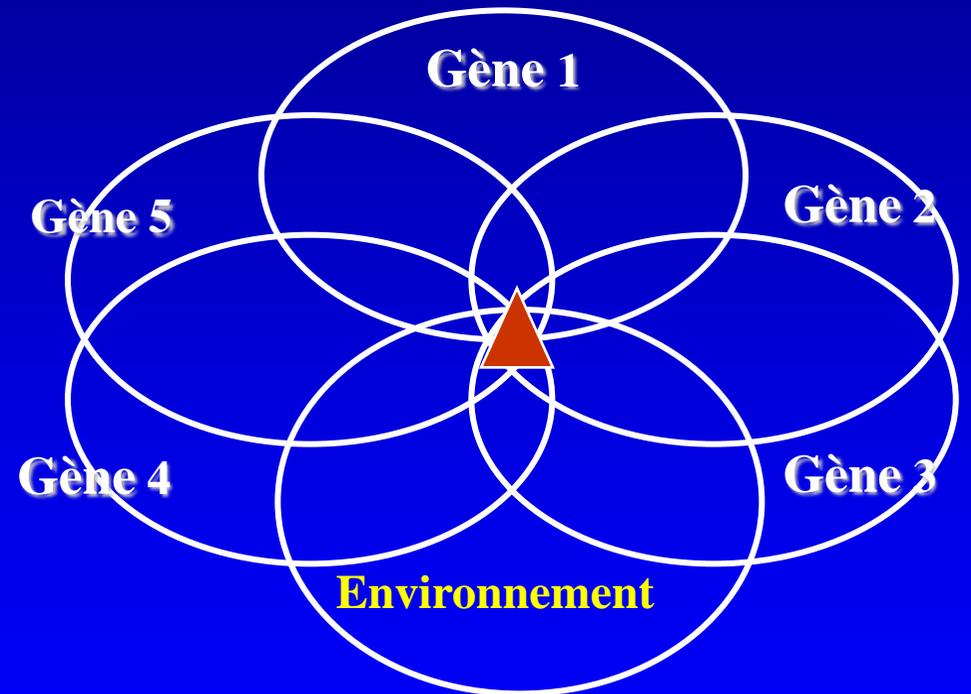
# Maladies mendéliennes vs maladies complexes

Maladies mendéliennes  
(ex: Fibrose kystique)



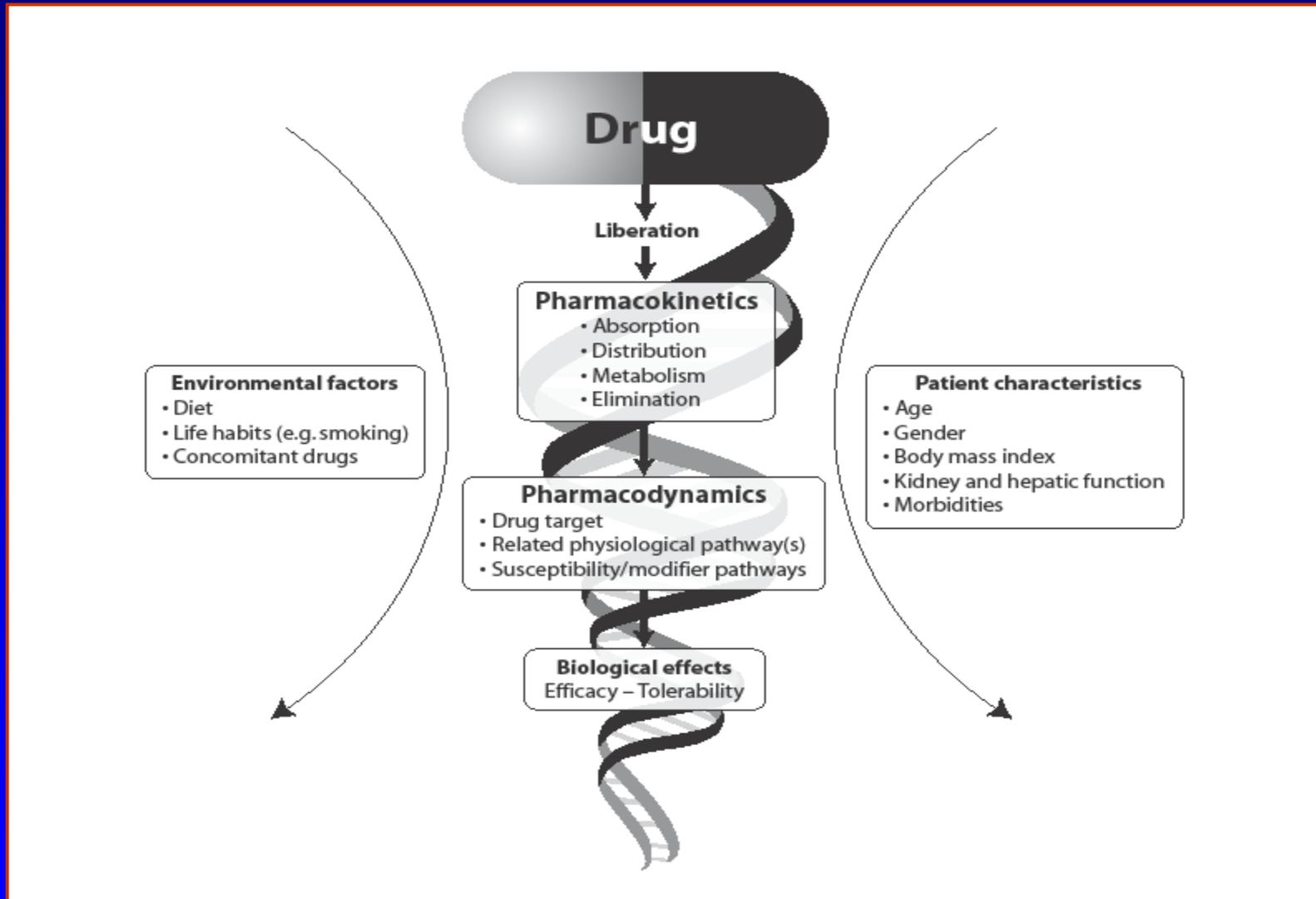
L'expression de la maladie est sous le contrôle d'un gène à forte pénétrance

Maladies complexes  
(ex: hypertension)

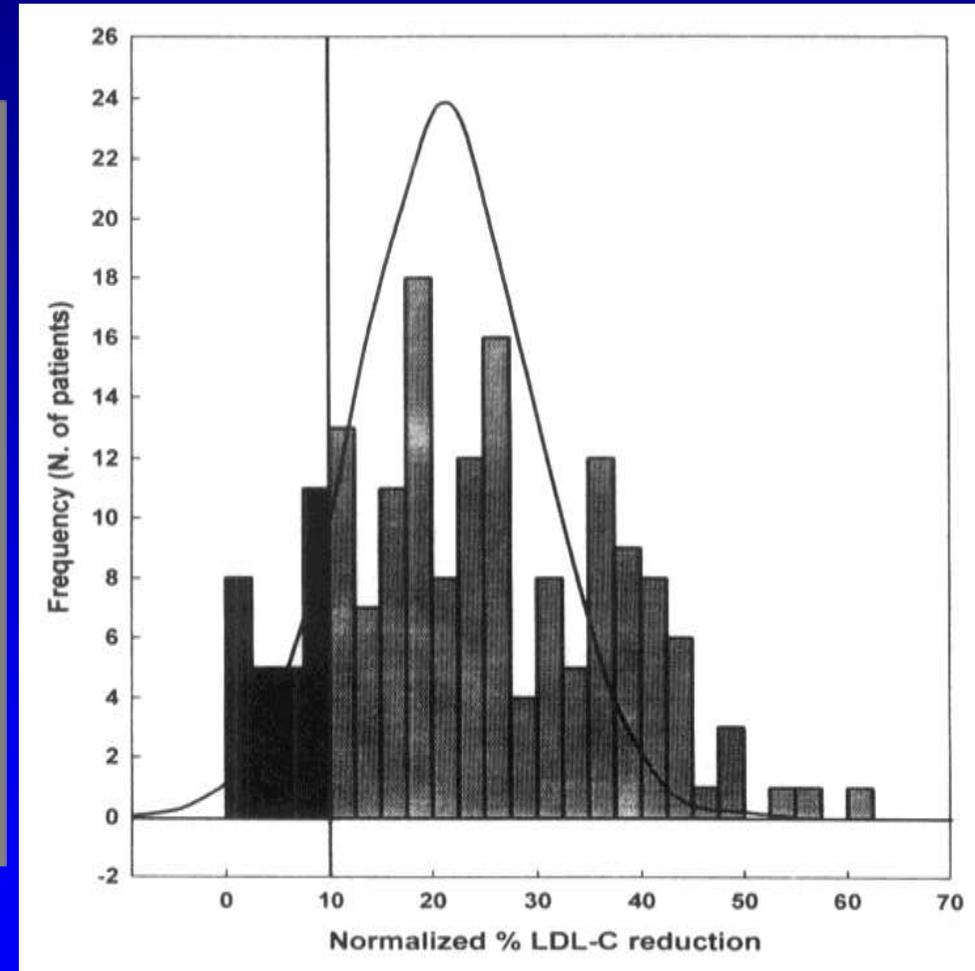
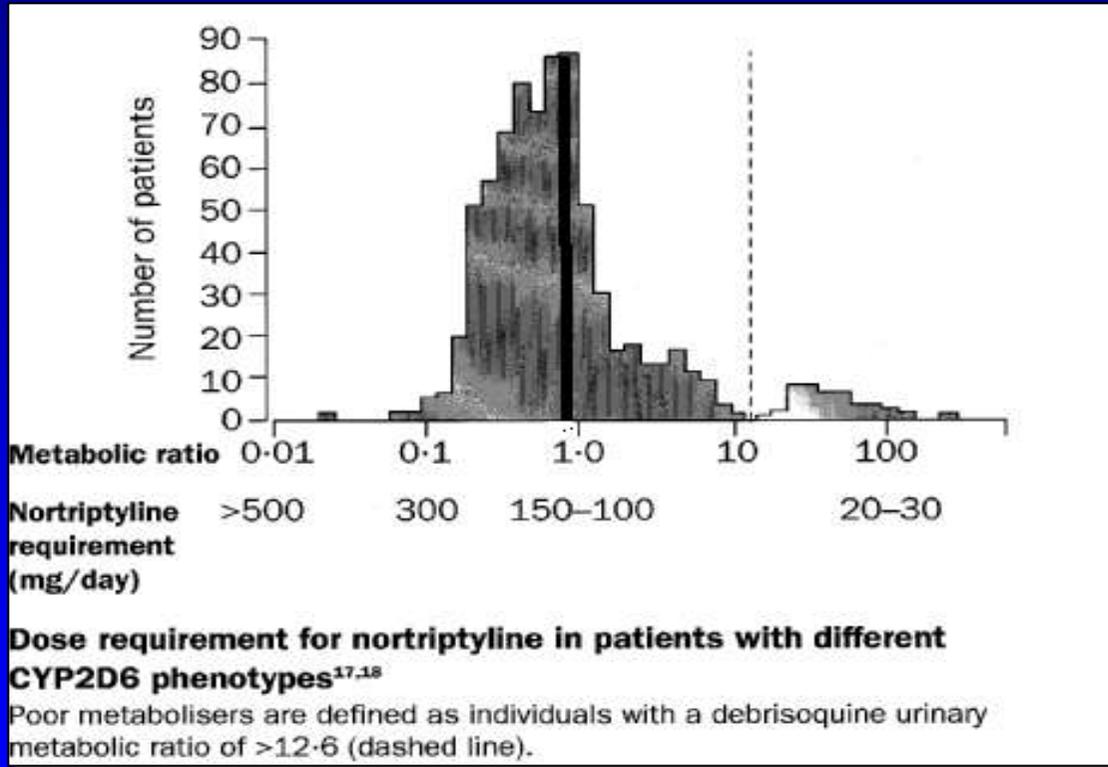


Plusieurs facteurs génétiques et environnementaux conférant un faible risque sont impliqués.

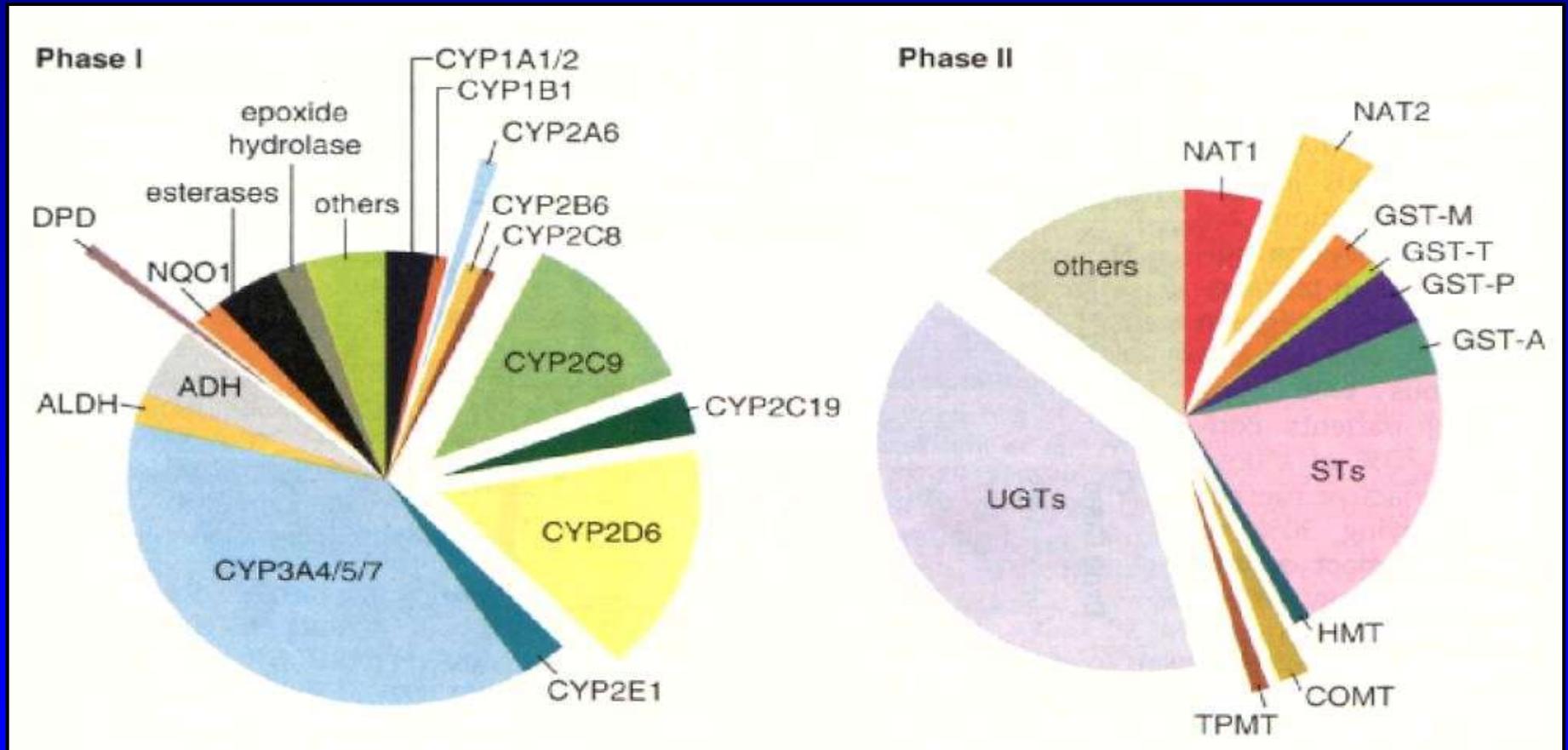
# La pharmacogénomique: de la génétique complexe...très complexe



# Phénotypes avec distribution bimodale vs normale



# Drug Metabolism Enzymes



From: Evans and Relling, Science 286:487-491, 1999

**Quelques exemples**

# Succinylcholine

- **Bloqueur neuromusculaire**
- **Durée de la curarisation: 4 à 6 minutes**
- **Métabolisés rapidement par la butyrylcholinestérase (gène codant: BCHE)**
  - **Chez 25% des patients, réduction de l'activité de la BCHE → effet prolongé (ad 300 minutes).**
  - **Plus de 70 variations génétiques identifiées.**

# Hyperthermie maligne

- **Trouble de l'homéostasie calcique dans la cellule musculaire caractérisé par une acidose respiratoire et métabolique, de la rigidité musculaire, de l'hyperthermie et potentiellement de la rhabdomyolyse.**
- **Rx impliqués: halothane, sévoflurane, desflurane, enflurane, isoflurane, (succinylcholine).**
- **Rare~ 1/15000 à 1/50 000**
- **Transmission autosomale dominante.**
- **Gène le plus souvent impliqué: RYR1 (canal calcique)**
  - **Près de 200 variations génétiques identifiées**

# Opiacés

# Pharmacogenetic Variation in Drug Metabolism

## Polymorphic cytochrome P450 2D6 (**CYP2D6**)

- ❖ CYP2D6 metabolizes drugs from many therapeutic classes.
- ❖ 5-8% of Caucasians are phenotypically ‘**poor metabolizers**’ (PMs) homozygous for defective CYP2D6 function.
- ❖ Multiple SNPs in the *CYP2D6* gene produce allelic variants that impair enzyme activity, > 100 alleles to date.

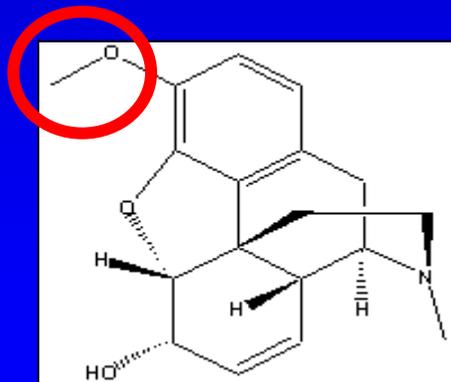


# Examples of Pharmacogenetic Variation in Drug Metabolism

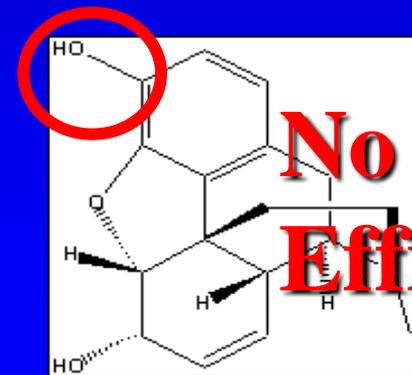
Polymorphic cytochrome P450 2D6 (**CYP2D6**)  
- poor activity of protein

## Example #1

❖ PMs cannot activate codeine to its analgesic metabolite morphine – lack of efficacy in pain relief.



Codeine



Morphine

No  
Efficacy

# Il n'y a pas que les métaboliseurs lents!

	Substrates	Variant alleles	Alteration in function	Allele frequencies (%)				
				White	Black	Asian	Chinese	Japanese
CYP2C8 (refs. 21,22)	Repaglinide Paclitaxel	*2	Reduced	0.4	18	—	—	0
		*3	Reduced	13; 15	2	—	—	0
		*4	Reduced	7.5	—	—	—	0
CYP2C9 (refs. 22–24)	Warfarin Phenytoin Tolbutamide	*2	Reduced	10; 13.3; 8–14.9	3; 1–3.6	Absent or rare	0	0
		*3	More reduced	5.6; 8; 3.3–15.3	1; 0.5–2	—	2.5; 1.7–4.9	3.5 <sup>b</sup> ; 1.1–6.8
		*5	Reduced	0	3	0 <sup>a</sup>	—	—
CYP2C19 (refs. 23,24)	Omeprazole Diazepam	*2	Nonfunctional	13.6; 15	17	—	29.7	34.5 <sup>b</sup>
		*3	Nonfunctional	0; <1	<1	—	3.5	9 <sup>b</sup>
		*17	Increased	20.1	—	—	0.5	0.5 <sup>b</sup>
CYP2D6 <sup>c</sup> (ref. 25)	Atomoxetine Codeine	PM	Nonfunctional	7.7	1.9–7.3	0–4.8	<1.0	0
		IM	Decreased	1–2	—	51	—	—
		UM	Increased	4.3	4.9	—	0.9	—

Yasuda, et al. Clin Pharmacol Ther. 2008 ;84:417-23.

# Il n'y a pas que les métaboliseurs lents!

## Pharmacogenetics of morphine poisoning in a breastfed neonate of a codeine-prescribed mother

*Gideon Koren, James Cairns, David Chitayat, Andrea Gaedigk, Steven J Leeder*

## Codeine, Ultrarapid-Metabolism Genotype, and Postoperative Death

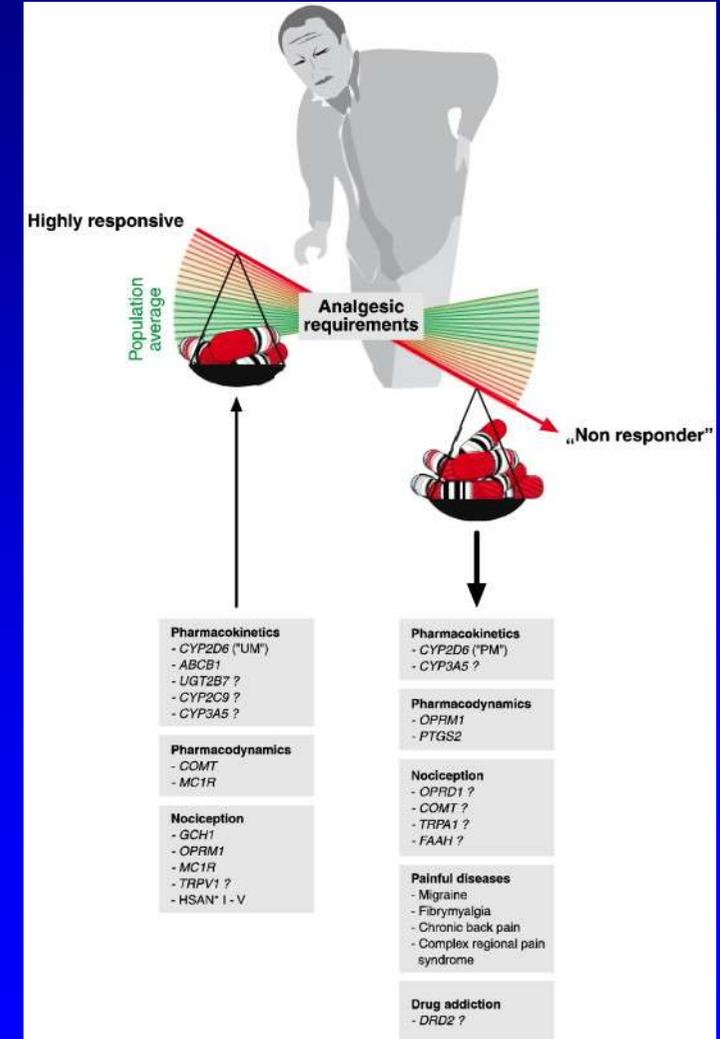
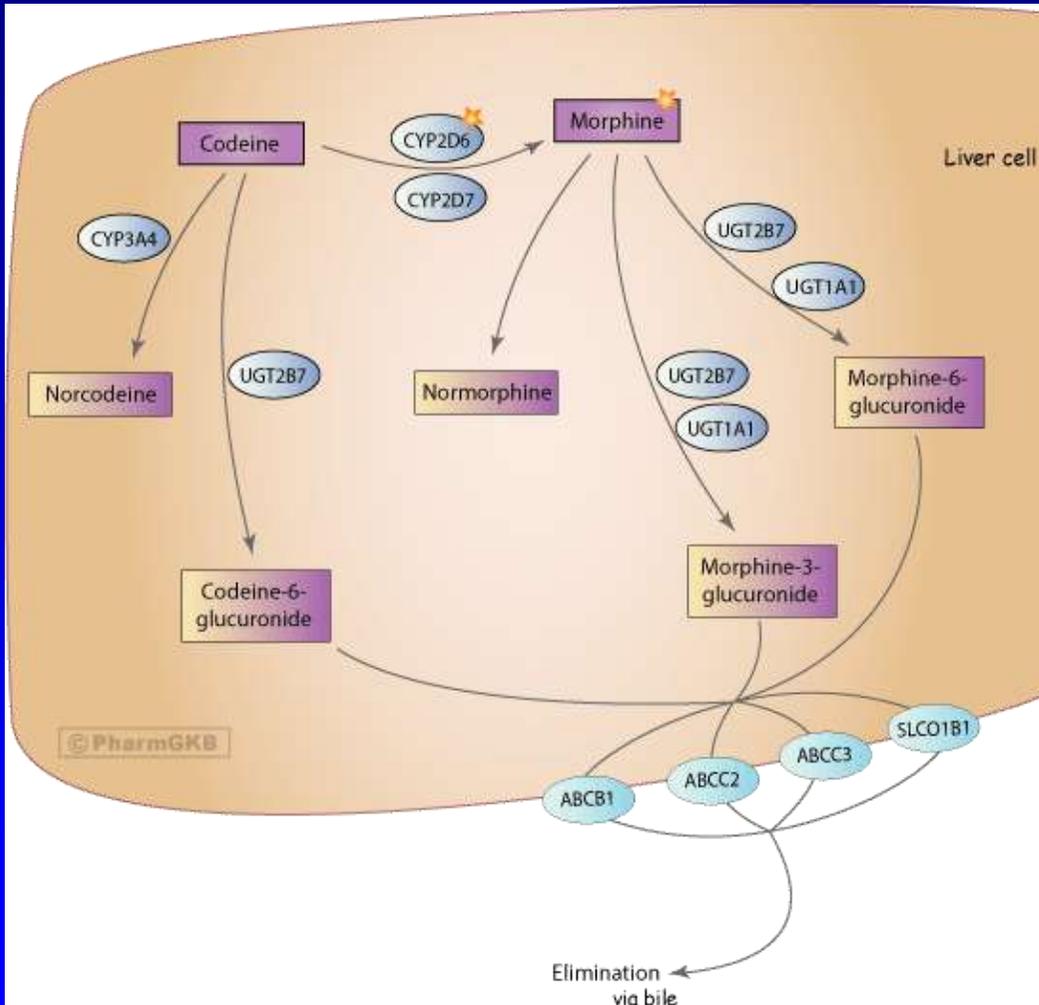
**TO THE EDITOR:** Obstructive sleep apnea is not rare in children with hypertrophic tonsils, and the common curative procedure is adenotonsillectomy.<sup>1</sup> Codeine is commonly prescribed for pain after adenotonsillectomy.<sup>2</sup> The respiratory depres-

detected in the femoral blood by means of gas chromatography–mass spectrometry; there was no evidence of other drugs or metabolites. Cytochrome P-450 2D6 (CYP2D6) genotyping revealed functional duplication of the *CYP2D6* allele, result-

# Tramadol

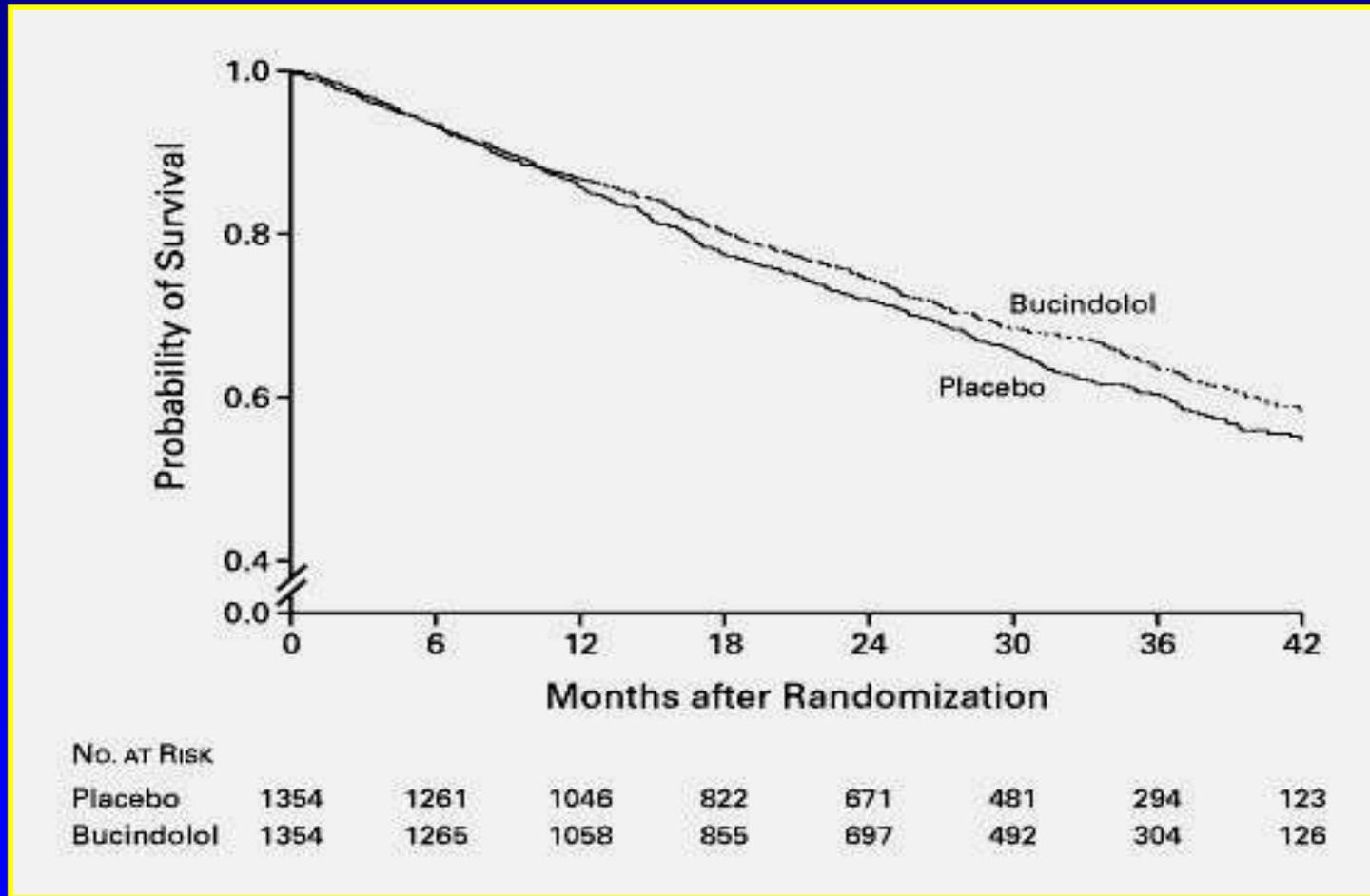
- **Exerce en partie son effet analgésique via l'effet de son métabolite actif M1 (*O*-demethyl tramadol) au niveau du récepteur  $\mu$ .**
  - **Nécessite conversion par CYP2D6**
  - **Données actuelles suggèrent que les métaboliseurs lents nécessitent des doses supérieures de tramadol pour obtenir une analgésie similaire.**

# Pgx de la codéine

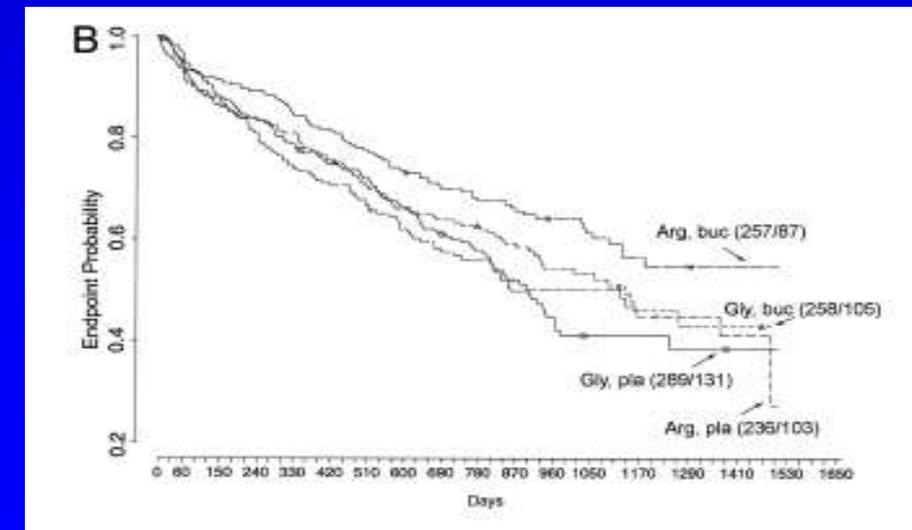
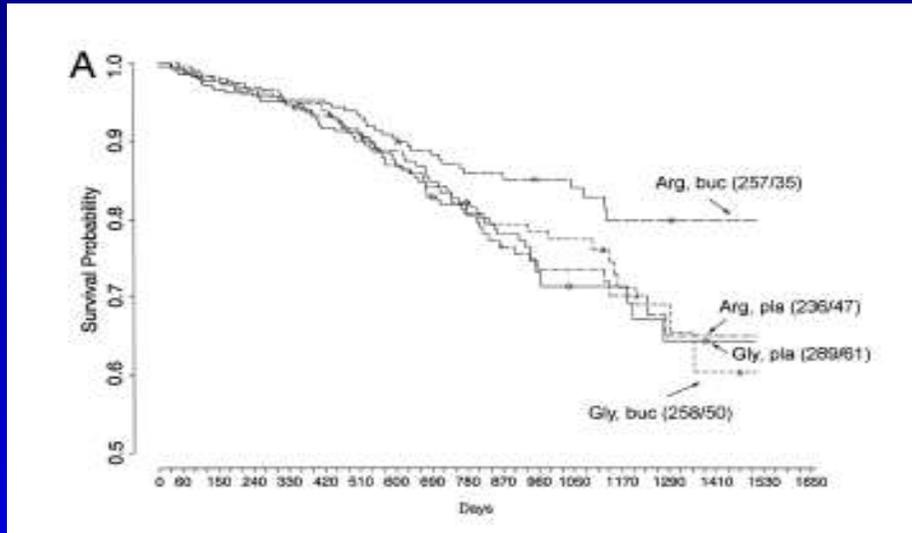


# **Autres exemples en cardiologie**

# Bucindolol in Survival Trial (BEST)



# ADRB1 Arg389Gly and outcomes in BEST



## Death\*

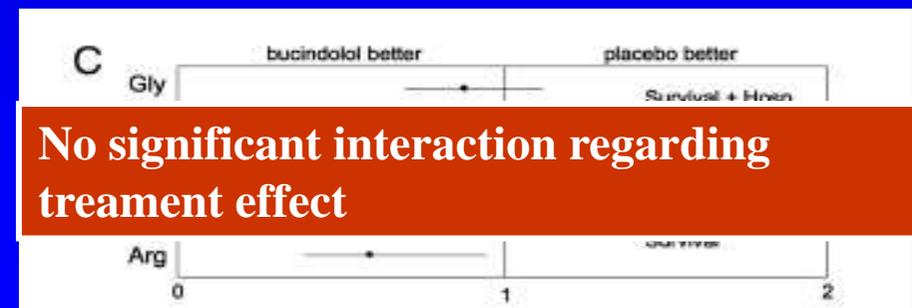
Arg homozygotes: HR 0.62, 95% C.I. 0.40–0.96, *P* 0.03.

Gly-389 carriers: 0.90, 95% C.I. 0.62–1.30, *P* 0.57.

## Death or HF hospitalization\*

Arg homozygotes: HR 0.66, 95% C.I. 0.50–0.88, *P* 0.004.

Gly-389 carriers: HR : 0.87, 95% C.I. 0.67–1.11, *P* 0.25.

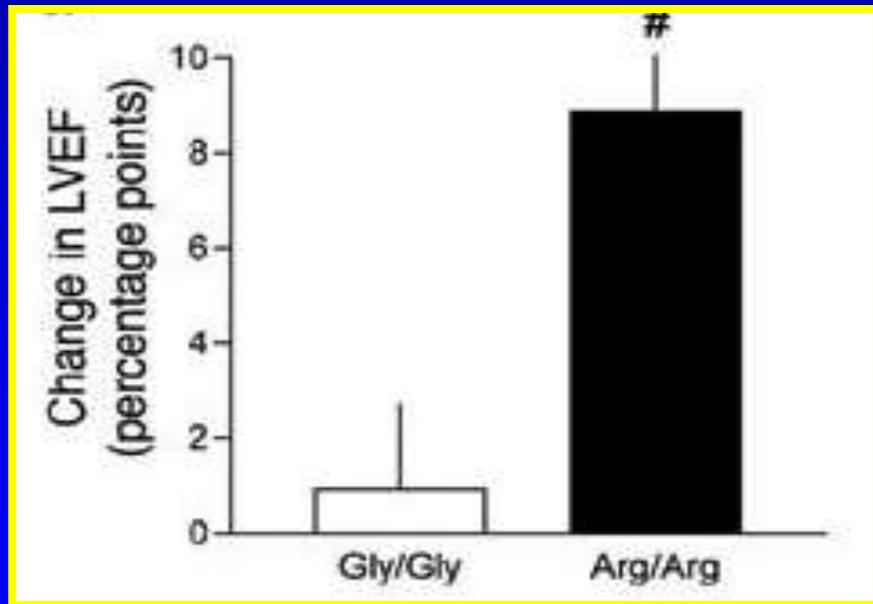


No significant interaction regarding treatment effect

Adjusted for sex, race, gender

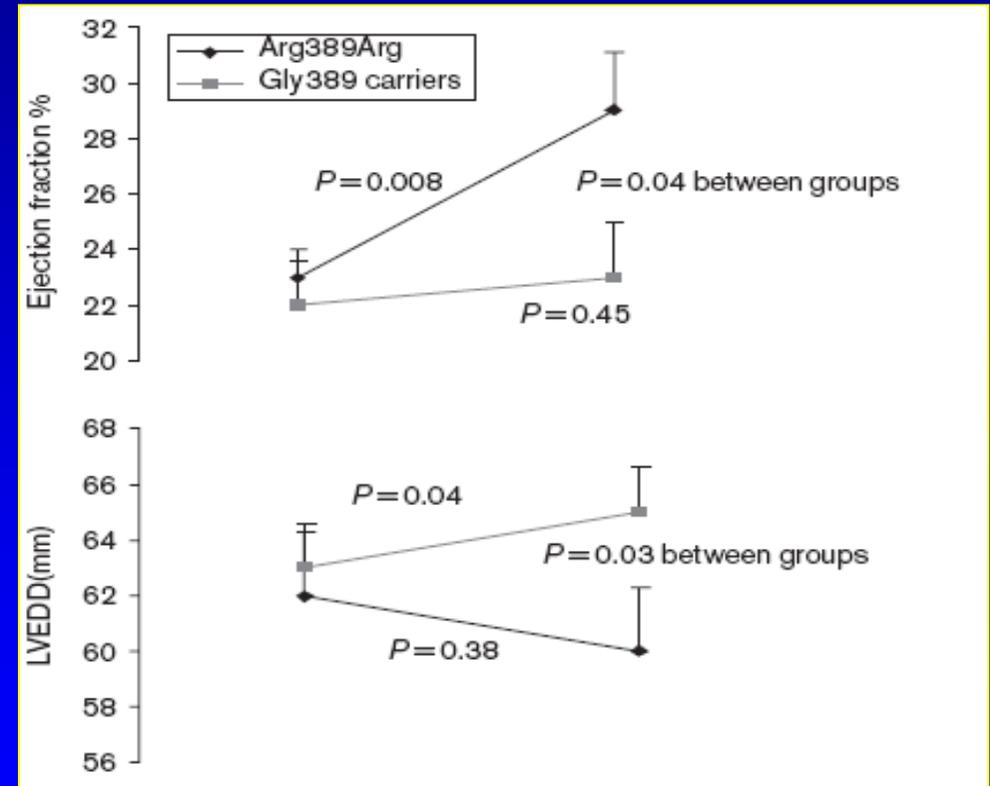
# ADRB1 Arg389Gly in other studies

- Improvement in LVEF in 224 patients treated with carvedilol;  $p < 0.02$



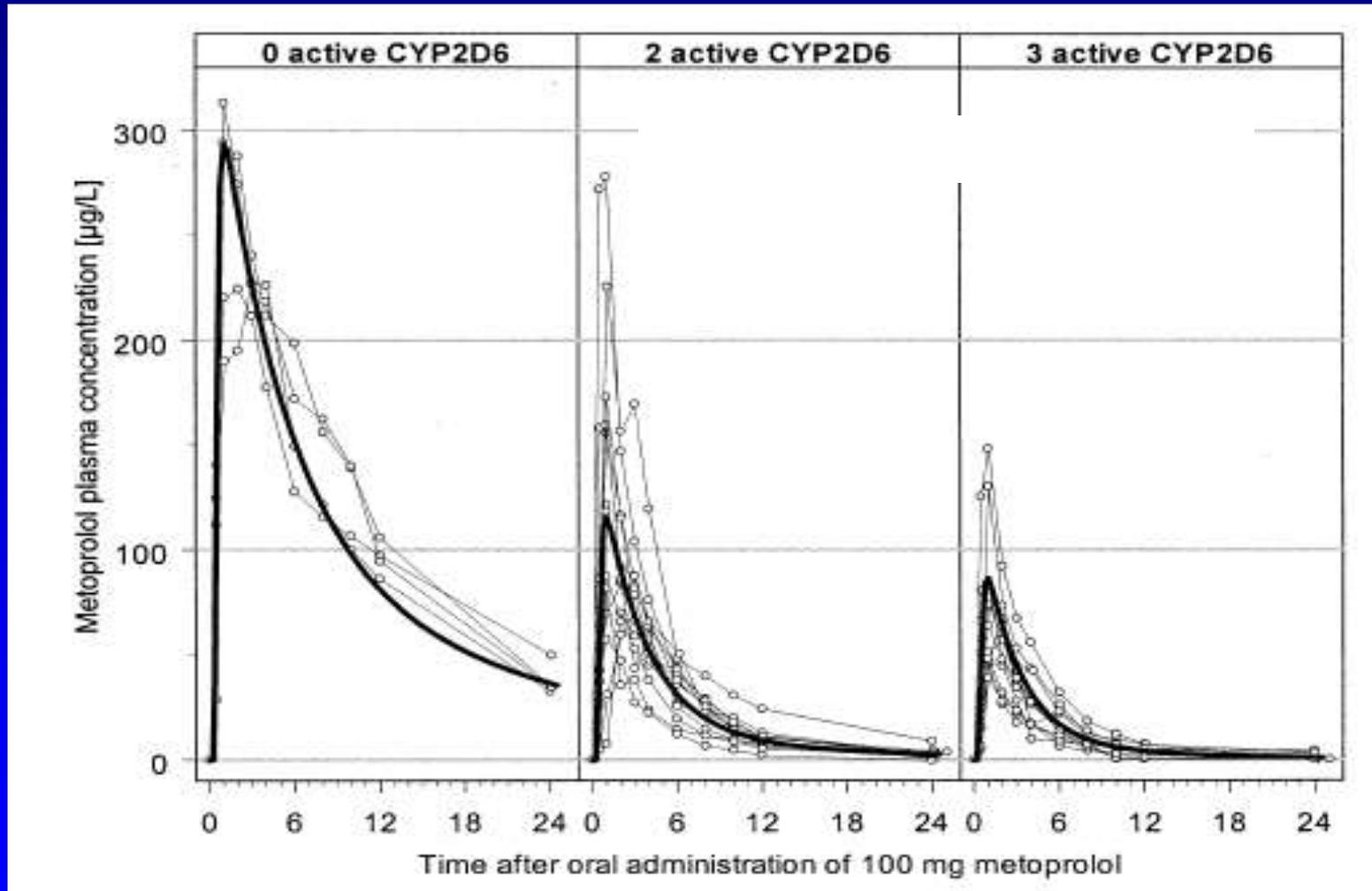
Perez et al. Nat Med 2003;9:1300

- A prospective study using metoprolol succinate (N = 61).



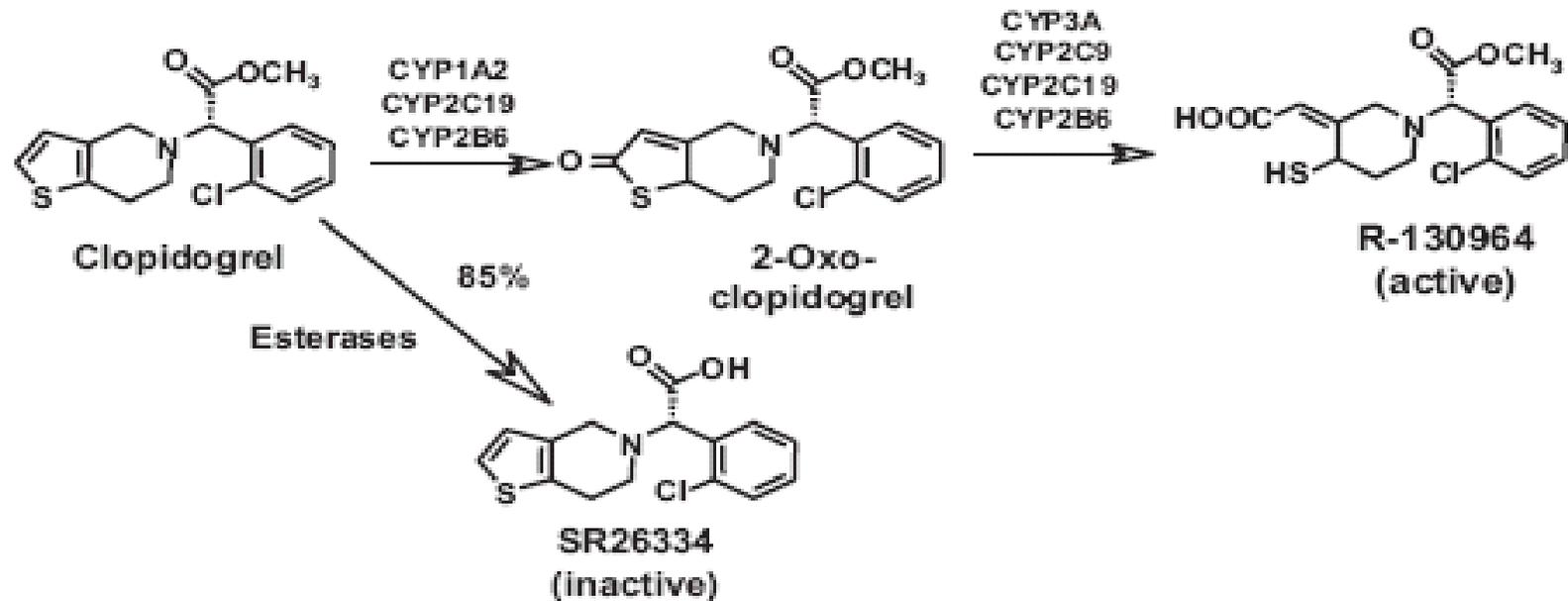
Pharmacogenet Genomics. 2005 Apr;15(4):227-34.

# CYP2D6 and HF

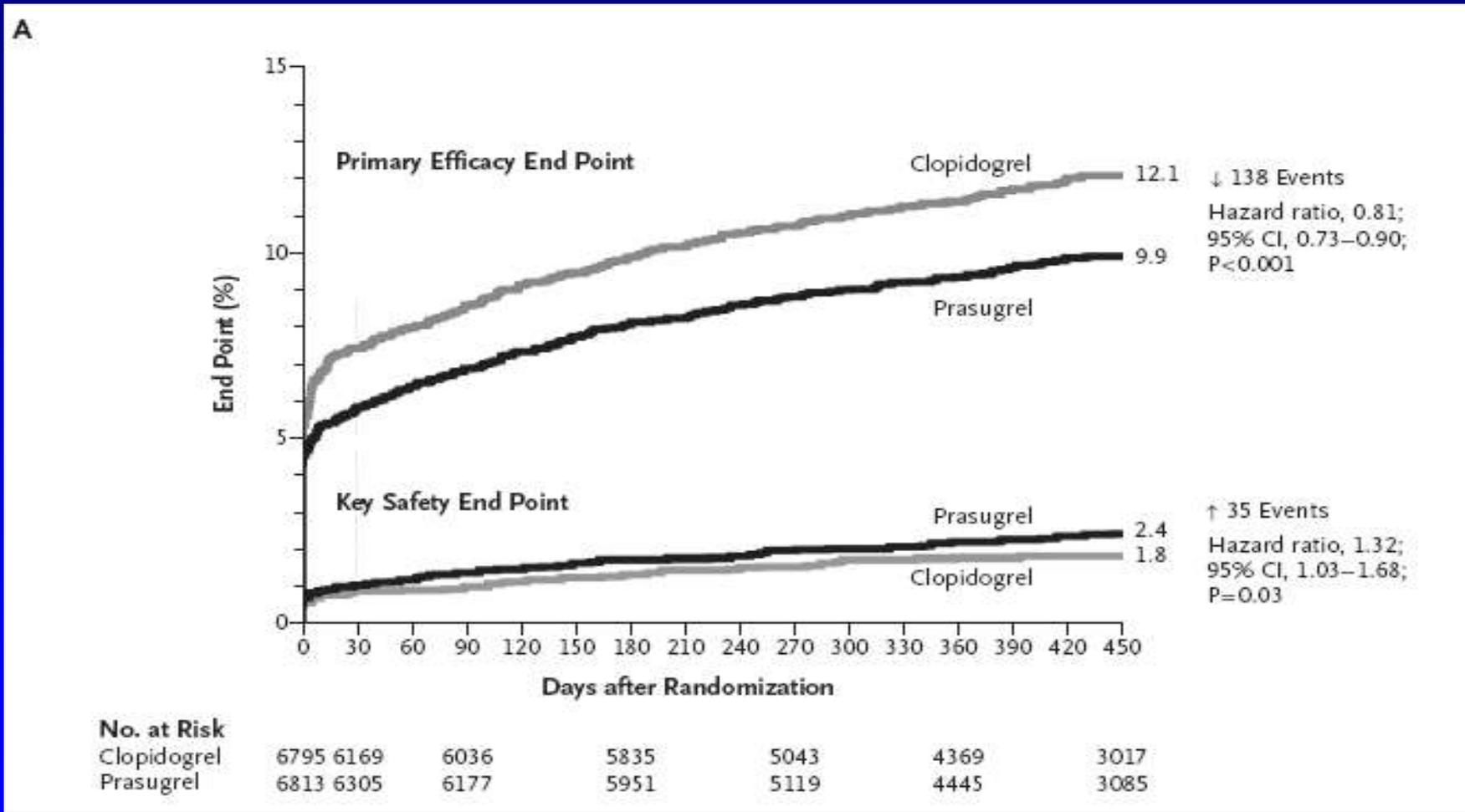


# Clopidogrel

# Background



# TRITON-TIMI 38



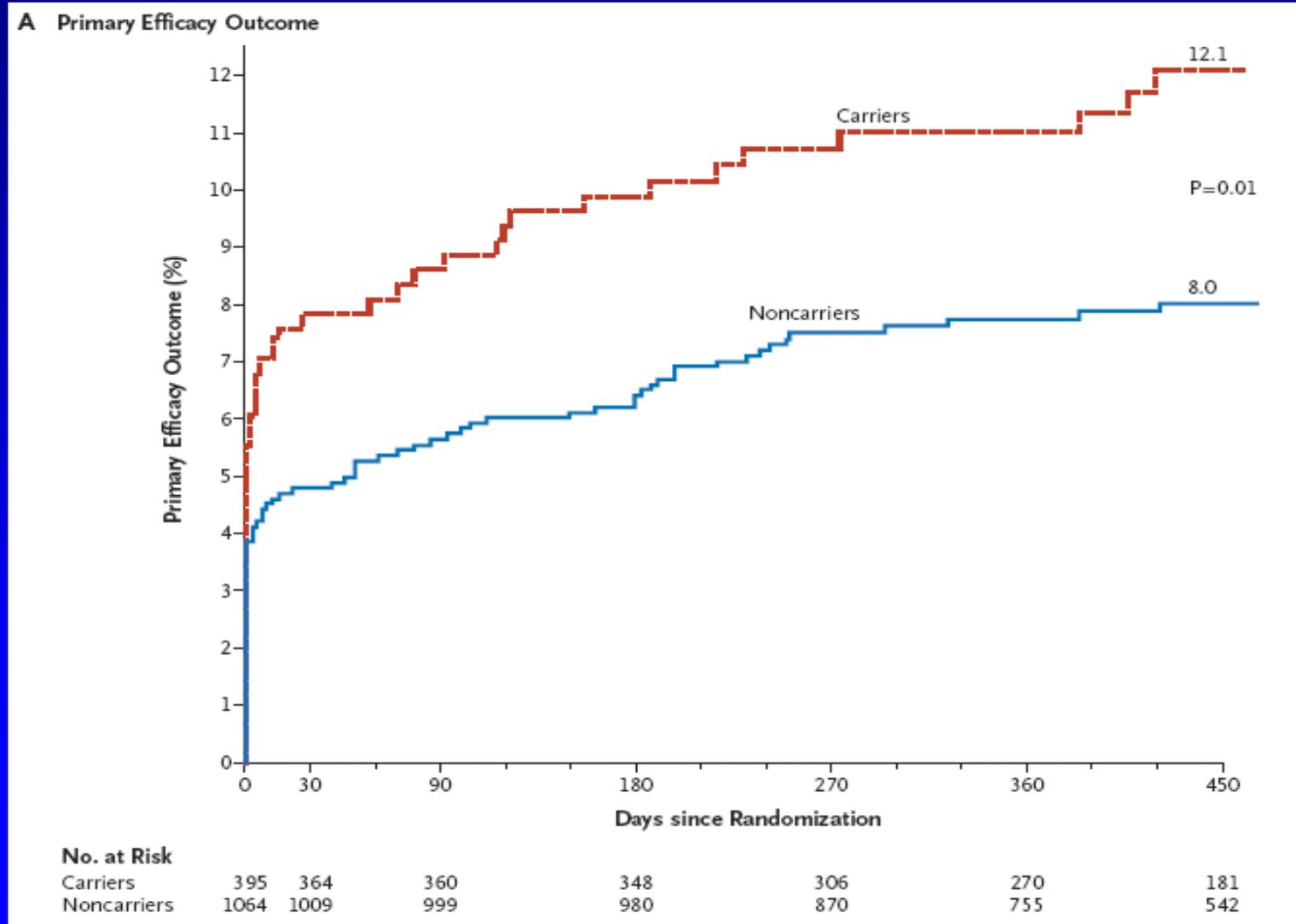
N Engl J Med. 2007 Nov 15;357:2001-15.

ORIGINAL ARTICLE

# Cytochrome P-450 Polymorphisms and Response to Clopidogrel

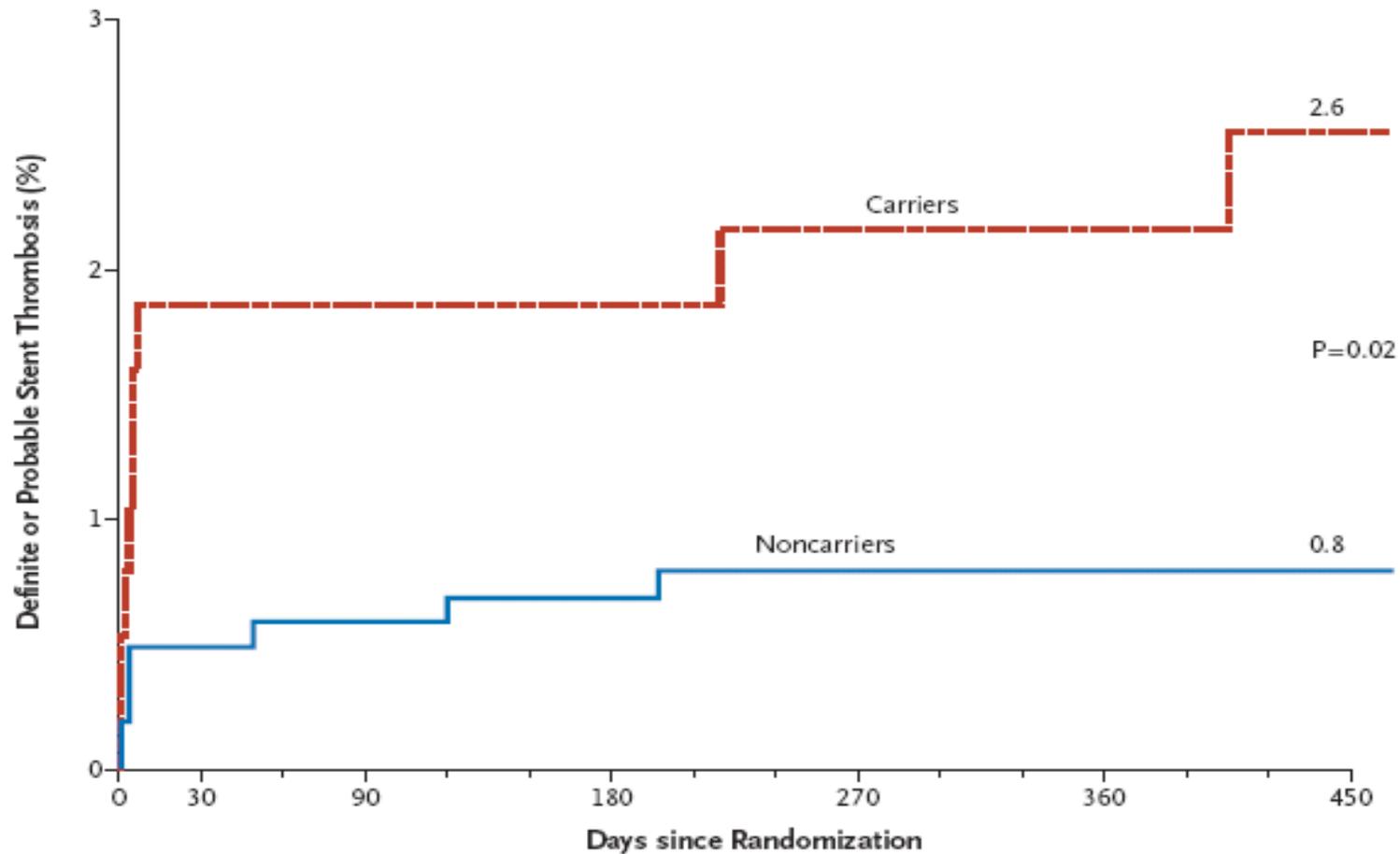
Jessica L. Mega, M.D., M.P.H., Sandra L. Close, Ph.D., Stephen D. Wiviott, M.D.,  
Lei Shen, Ph.D., Richard D. Hockett, M.D., John T. Brandt, M.D.,  
Joseph R. Walker, Pharm.D., Elliott M. Antman, M.D.,  
William Macias, M.D., Ph.D., Eugene Braunwald, M.D.,  
and Marc S. Sabatine, M.D., M.P.H.

# Results



# Results

## B Stent Thrombosis



### No. at Risk

Carriers	375	368	366	359	316	279	186
Noncarriers	1014	1004	1001	989	885	765	547

**Replication???**

# Replication!!!

Journal of the American College of Cardiology  
© 2008 by the American College of Cardiology Foundation  
Published by Elsevier Inc.

Vol. 51, No. 20, 2008  
ISSN 0735-1097/08/\$34.00  
doi:10.1016/j.jacc.2007.12.056

CLINICAL RESEARCH

Interventional Cardiology

Cytochrome  
Polymorphisms  
Platelet  
Clinical  
Intervention



Dietmar Trenkner  
Andreas Pahl,  
Hans-Peter Bode  
*Bad Krozingen*

C  
pc  
pe

Dir  
Kat  
Nic

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

## Genetic Determinants of Response to Clopidogrel and Cardiovascular Events

Tabassome Simon, M.D., Ph.D., Céline Verstuyft, Pharm.D., Ph.D., Murielle Mary-Krause, Ph.D., Lina Quteineh, M.D., Elodie Drouet, M.Sc., Nicolas Méneveau, M.D., P. Gabriel Steg, M.D., Ph.D., Jean Ferrières, M.D., Nicolas Danchin, M.D., Ph.D., and Laurent Becquemont, M.D., Ph.D., for the French Registry of Acute ST-Elevation and Non-ST-Elevation Myocardial Infarction (FAST-MI) Investigators

ABSTRACT

Department of Cardiology, Deutsches Herzzentrum and 1. Medizinische Klinik rechts der Isar, Technische Universität München, Munich, Germany

Received 3 October 2008; revised 16 December 2008; accepted 12 January 2009; online publish-ahead-of-print 4 February 2009

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AL RESEARCH  
*diology and angiology*

lowing

Mehilli,  
and

# Is this clinically relevant?



European Heart Journal  
doi:10.1093/eurheartj/ehp157

CLINICAL RESEARCH

## Genetic variation of *CYP2C19* affects both pharmacokinetic and pharmacodynamic responses to clopidogrel but not prasugrel in aspirin-treated patients with coronary artery disease

Christoph Varenhorst<sup>1\*</sup>, Stefan James<sup>1</sup>, David Erlinge<sup>2</sup>, John T. Brandt<sup>3</sup>, Oscar Ö. Braun<sup>2</sup>, Michael Man<sup>3</sup>, Agneta Siegbahn<sup>4</sup>, Joseph Walker<sup>5</sup>, Lars Wallentin<sup>1</sup>, Kenneth J. Winters<sup>3</sup>, and Sandra L. Close<sup>3</sup>

<sup>1</sup>Uppsala Clinical Research Center and Department of Medical Sciences, Cardiology, Uppsala University, Uppsala, Sweden; <sup>2</sup>Department of Cardiology, Lund University, Lund, Sweden; <sup>3</sup>Eli Lilly and Company, Indianapolis, IN, USA; <sup>4</sup>Coagulation Laboratory, Department of Medical Sciences, Uppsala University, Uppsala, Sweden; and <sup>5</sup>Daiichi Sankyo, Inc., Parsippany, NJ, USA

Received 26 September 2008; revised 12 March 2009; accepted 19 March 2009

# Is this clinically relevant?

## Genetics

### Cytochrome P450 Genetic Polymorphisms and the Response to Prasugrel

#### Relationship to Pharmacokinetic, Pharmacodynamic, and Clinical Outcomes

Jessica L. Mega, MD, MPH; Sandra L. Close, PhD; Stephen D. Wiviott, MD; Lei Shen, PhD; Richard D. Hockett, MD; John T. Brandt, MD; Joseph R. Walker, PharmD; Elliott M. Antman, MD; William L. Macias, MD, PhD; Eugene Braunwald, MD; Marc S. Sabatine, MD, MPH

**Background**—Both clopidogrel and prasugrel require biotransformation to active metabolites by cytochrome P450 (CYP) enzymes. Among persons treated with clopidogrel, carriers of reduced-function *CYP2C19* alleles have significantly lower levels of active metabolite, diminished platelet inhibition, and higher rates of adverse cardiovascular events. The effect of CYP polymorphisms on the clinical outcomes in patients treated with prasugrel remains unknown.

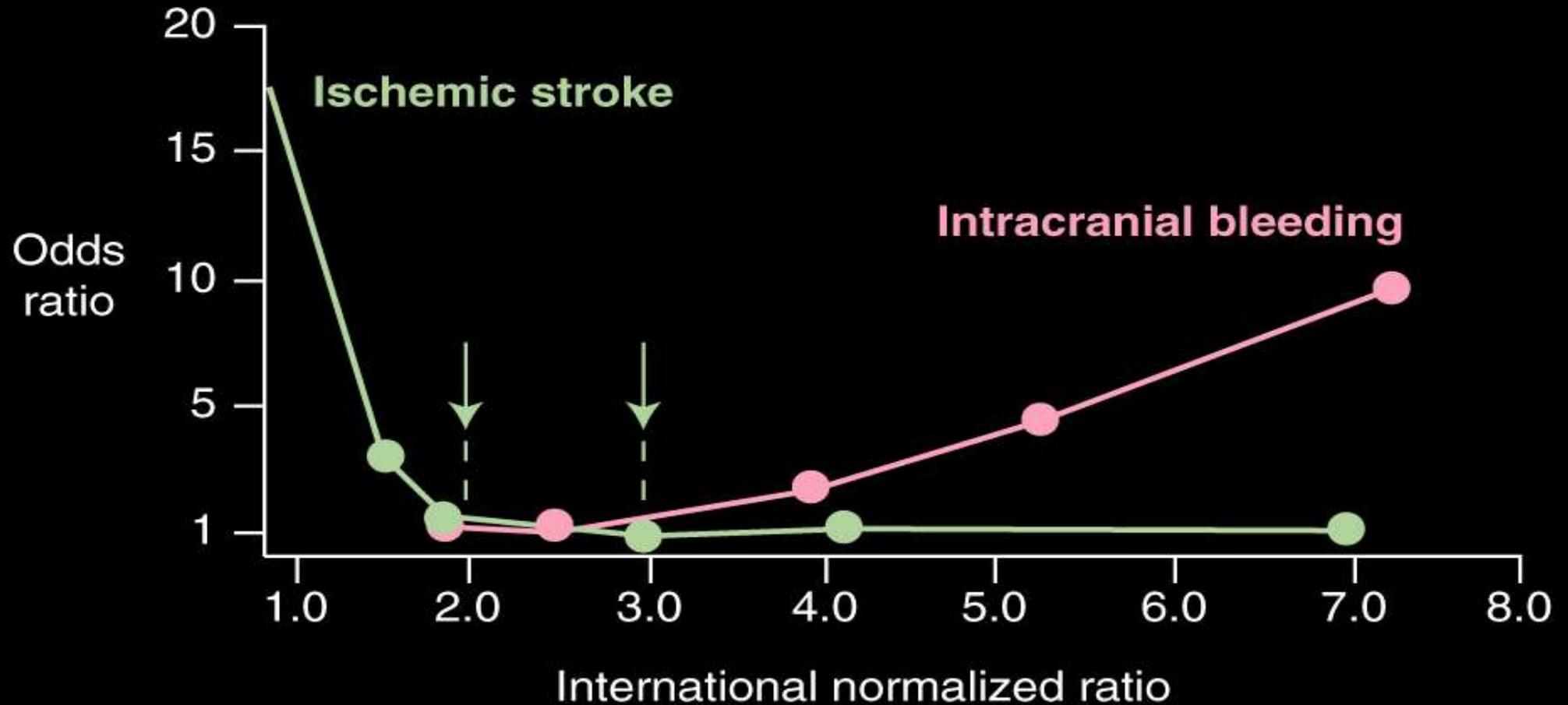
**Methods and Results**—The associations between functional variants in CYP genes, plasma concentrations of active drug metabolite, and platelet inhibition in response to prasugrel were tested in 238 healthy subjects. We then examined the association of these genetic variants with cardiovascular outcomes in a cohort of 1466 patients with acute coronary syndromes allocated to treatment with prasugrel in the Trial to Assess Improvement in Therapeutic Outcomes by Optimizing Platelet Inhibition With Prasugrel–Thrombolysis in Myocardial Infarction 38 trial. Among the healthy subjects, no significant attenuation of the pharmacokinetic or the pharmacodynamic response to prasugrel was observed in carriers versus noncarriers of at least 1 reduced-function allele for any of the CYP genes tested (*CYP2C19*, *CYP2C9*, *CYP2B6*, *CYP3A5*, and *CYP1A2*). Consistent with these findings, in subjects with acute coronary syndromes treated with prasugrel, no significant associations were found between any of the tested CYP genotypes and risk of cardiovascular death, myocardial infarction, or stroke.

**Conclusions**—Common functional CYP genetic variants do not affect active drug metabolite levels, inhibition of platelet aggregation, or clinical cardiovascular event rates in persons treated with prasugrel. These pharmacogenetic findings are in contrast to observations with clopidogrel, which may explain, in part, the different pharmacological and clinical responses to the 2 medications. (*Circulation*. 2009;119:2553-2560.)

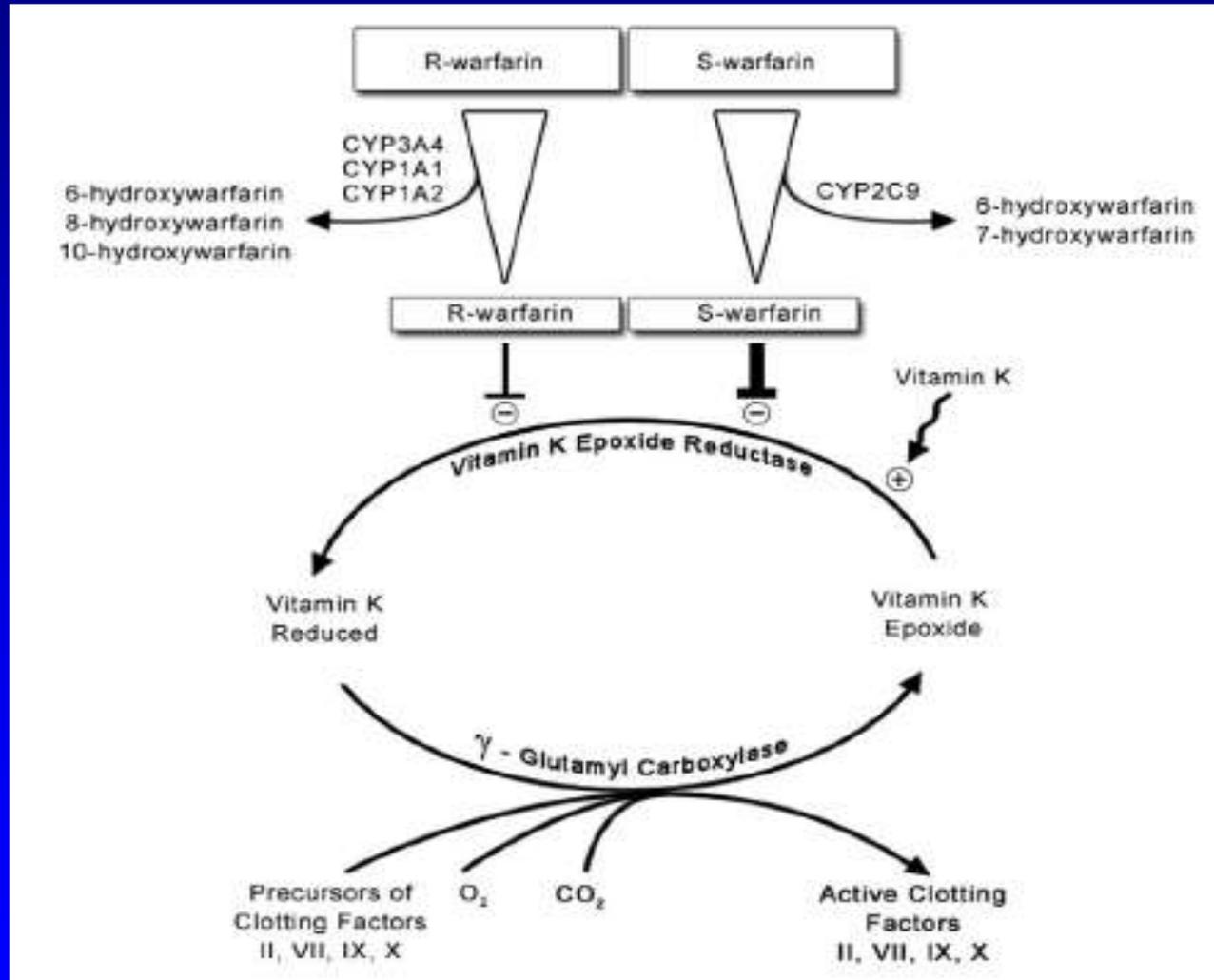
# Warfarine

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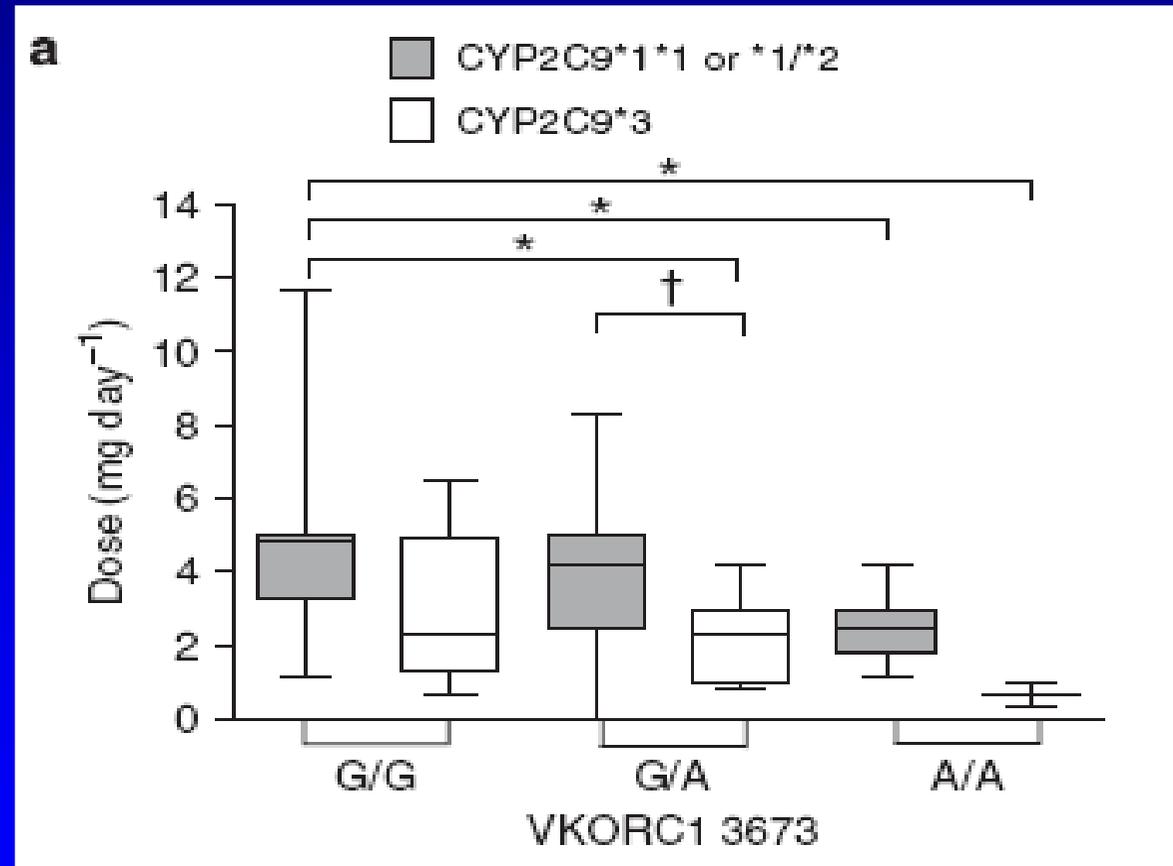
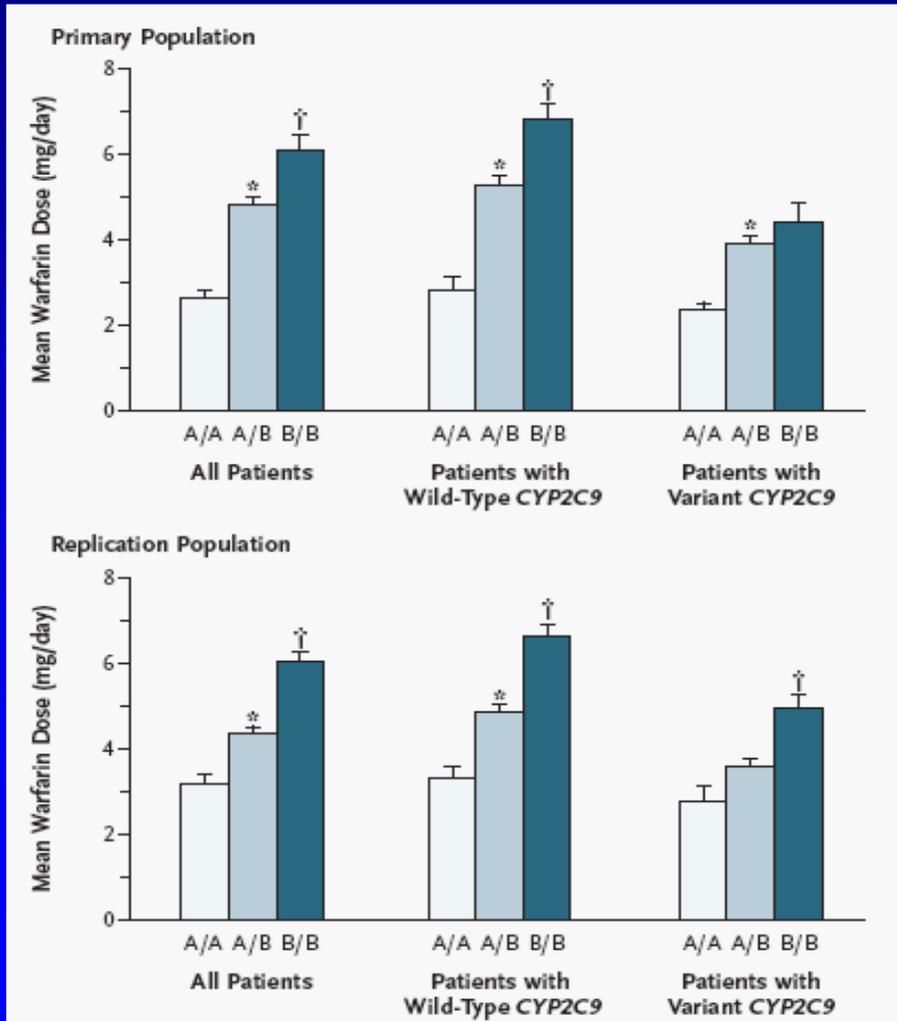
# Warfarin: Narrow therapeutic window



# Warfarine et gènes candidats potentiels

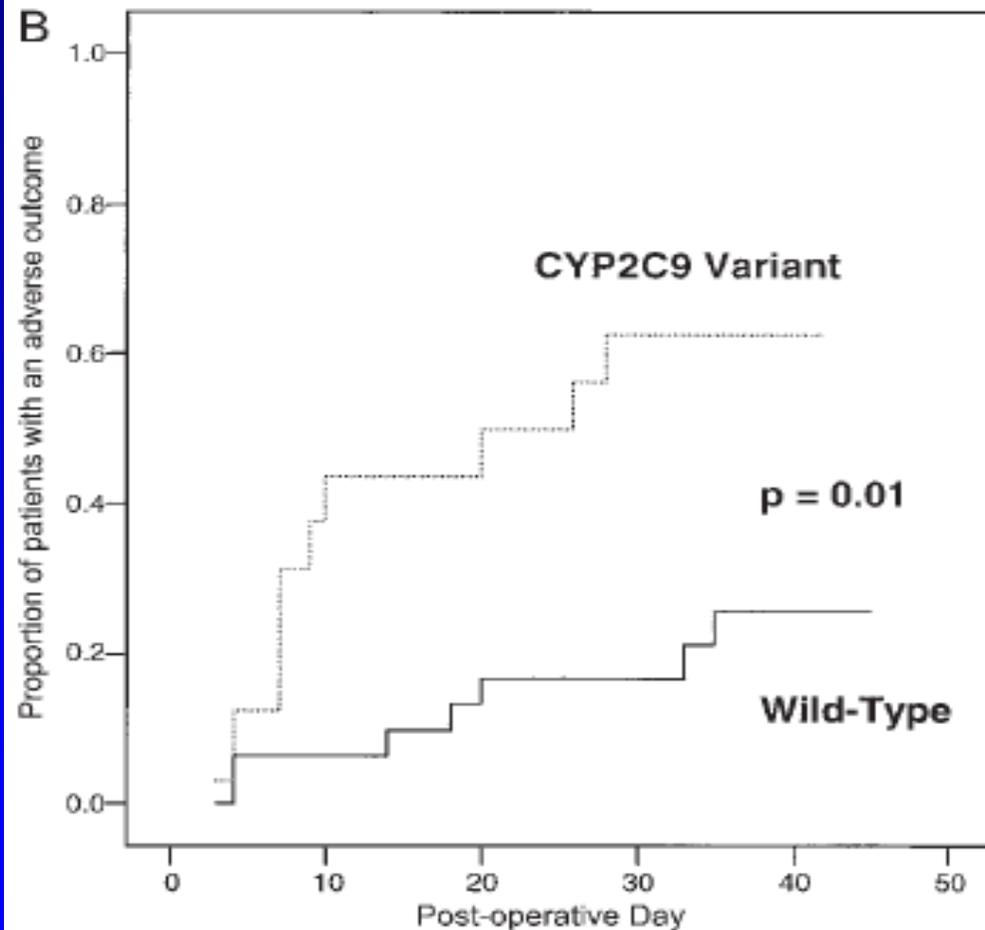


# Warfarine et *VKORC1*

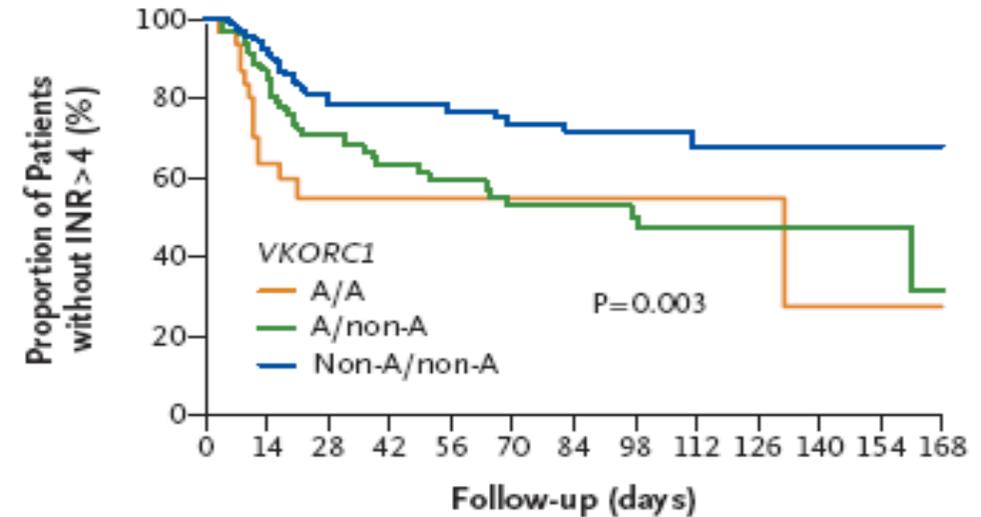


Michaud V, et al. Clin Pharmacol Ther. 2008;83:740-8.

# Dérivés coumariniques et anticoagulation excessive



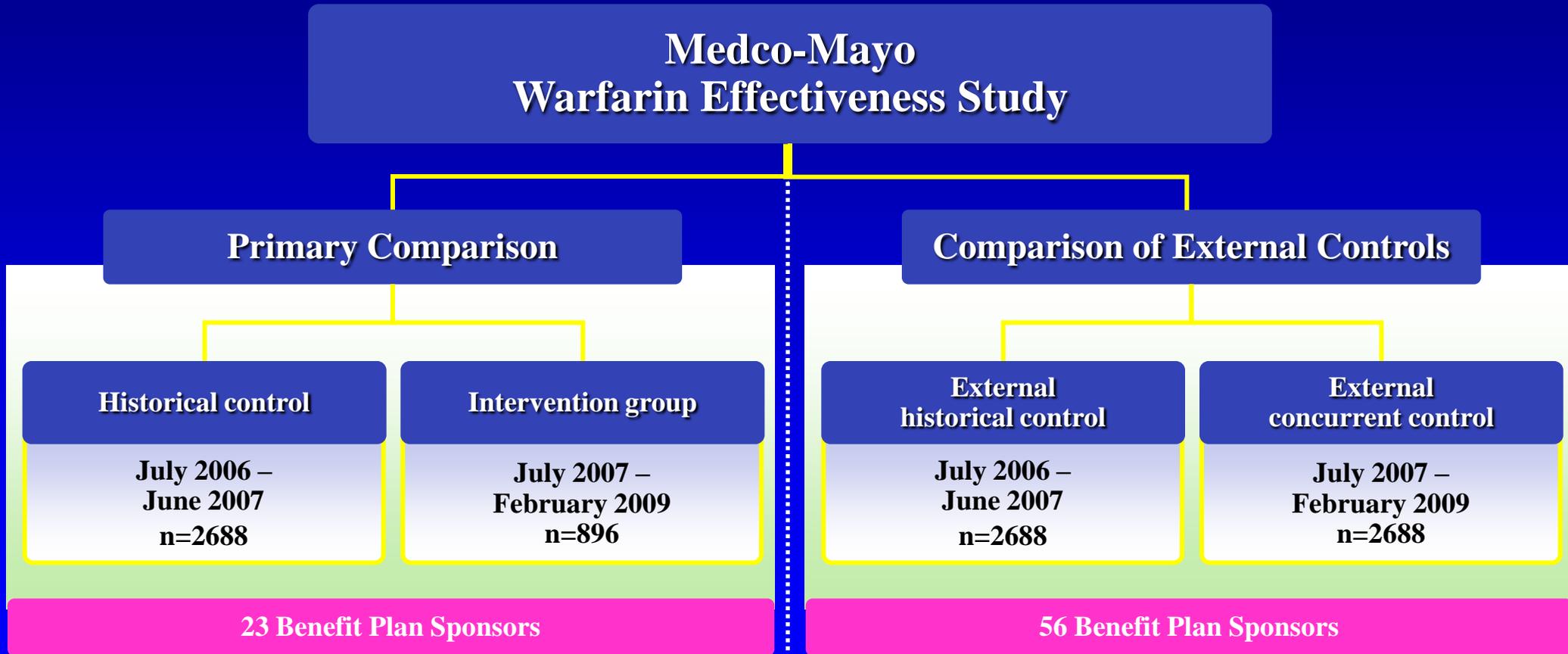
**B** Time to First INR >4



No. at Risk

A/A	32	21	10	10	10	10	7	5	3	3	2	2	
A/non-A	129	106	49	37	30	25	24	19	11	11	5	4	3
Non-A/non-A	135	119	58	53	48	45	40	27	15	11	7	4	4

# Study groups\*



\*6 month follow-up on all patients initiating warfarin in all groups

# Sample Mayo Clinic Laboratory Report

**Sample Lab Report: Warfarin Genotype Results**

Medco Health Solutions  
 Mayo/Medco Warfarin Protocol  
 Attn: Accounts Payable  
 100 Parsons Pond Drive  
 Franklin Lakes, NJ 07417

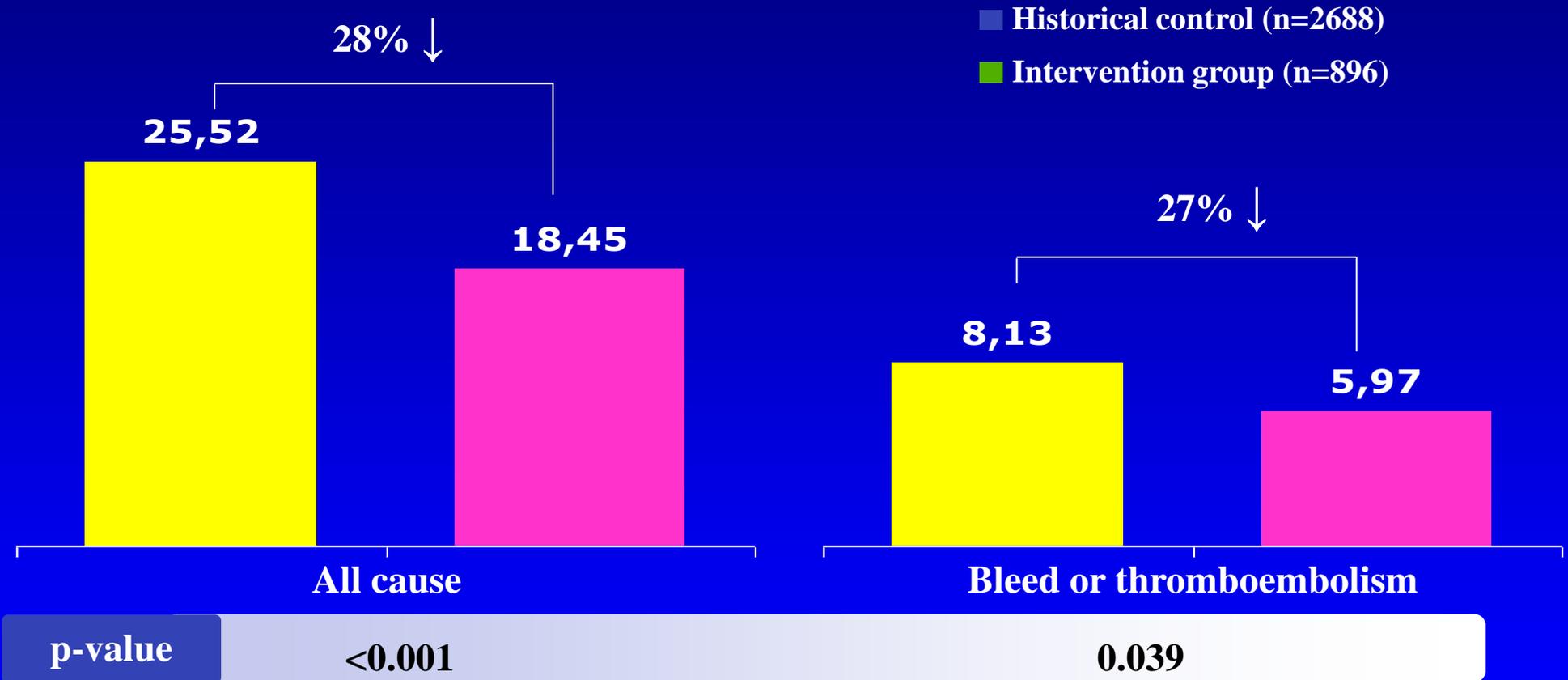
Accession #: A1234567  
 Patient Name: DOE, JANE  
 Birth Date: 09/13/1942 Age:65 Gender:F  
 Medical Rec #: 1234  
 Client Accn #: 123456789  
 Ordering Phys: SMITH, JOHN  
 Collect Date: 11/07/2007 10:40 AM  
 Received Date: 11/08/2007 7:19 AM

Test Requested	Result	Units	Ref Range	Perform Site *
Rapid DNA Extraction	Genomic DNA was extracted.	MCR		
=====				
CYP2C9 + VKORC1 Genotype, Warfarin				
CYP2C9 430C>T(*2)	C/T		MCR	
CYP2C9 1075A>C(*3)	A/C		MCR	
CYP2C9 1076T>C(*4)	T/T		MCR	
CYP2C9 1080C>G(*5)	C/C		MCR	
CYP2C9 818delA(*6)	A/A		MCR	
VKORC1 -1639G>A	A/A		MCR	

**Interpretation:**

**This genotype is rare and has very high sensitivity to warfarin. Warfarin dose decrease and frequent INR monitoring should be considered.**

# Results: Unadjusted 6 mo. hospitalization rates >=1 hospitalization per 100 patients/6months



Intention to treat (ITT)

# Le futur

## Clinical assessment incorporating a personal genome

*Euan A Ashley, Atul J Butte, Matthew T Wheeler, Rong Chen, Teri E Klein, Frederick E Dewey, Joel T Dudley, Kelly E Ormond, Aleksandra Pavlovic, Alexander A Morgan, Dmitry Pushkarev, Norma F Neff, Louanne Hudgins, Li Gong, Laura M Hodges, Dorit S Berlin, Caroline F Thorn, Katrin Sangkuhl, Joan M Hebert, Mark Woon, Hersh Sagreiya, Ryan Whaley, Joshua W Knowles, Michael F Chou, Joseph V Thakuria, Abraham M Rosenbaum, Alexander Wait Zaranek, George M Church, Henry T Greely, Stephen R Quake, Russ B Altman*

### Summary

**Background** The cost of genomic information has fallen steeply, but the clinical translation of genetic risk estimates remains unclear. We aimed to undertake an integrated analysis of a complete human genome in a clinical context.

**Methods** We assessed a patient with a family history of vascular disease and early sudden death. Clinical assessment included analysis of this patient's full genome sequence, risk prediction for coronary artery disease, screening for causes of sudden cardiac death, and genetic counselling. Genetic analysis included the development of novel methods for the integration of whole genome and clinical risk. Disease and risk analysis focused on prediction of genetic risk of variants associated with mendelian disease, recognised drug responses, and pathogenicity for novel variants. We queried disease-specific mutation databases and pharmacogenomics databases to identify genes and mutations with known associations with disease and drug response. We estimated post-test probabilities of disease by applying likelihood ratios derived from integration of multiple common variants to age-appropriate and sex-appropriate pre-test probabilities. We also accounted for gene-environment interactions and conditionally dependent risks.

**Findings** Analysis of 2.6 million single nucleotide polymorphisms and 752 copy number variations showed increased genetic risk for myocardial infarction, type 2 diabetes, and some cancers. We discovered rare variants in three genes that are clinically associated with sudden cardiac death—*TMEM43*, *DSP*, and *MYBPC3*. A variant in *LPA* was consistent with a family history of coronary artery disease. The patient had a heterozygous null mutation in *CYP2C19* suggesting probable clopidogrel resistance, several variants associated with a positive response to lipid-lowering therapy, and variants in *CYP4F2* and *VKORC1* that suggest he might have a low initial dosing requirement for warfarin. Many variants of uncertain importance were reported.